

Faraha Hasan
Curriculum Vita
farahahasan@my.unt.edu

EDUCATION

University of North Texas (UNT), Denton, TX August 2018 - present
Department of Psychology
Counseling Psychology Doctoral Program
Degree expected, May 2024

University of Texas at Dallas (UTD), Dallas, TX August 2014 - May 2017
School of Behavioral and Brain Sciences
Bachelor of Science
Psychology and Child Learning & Development (double major)
Magna Cum Laude

Richland College, Dallas, TX July 2012 - May 2014
Dual-credit enrollment: 48 credit hours completed by high school graduation

CLINICAL EXPERIENCE

LightHeart Psychological Associates July 2021 - present
Practicum Clinician
Supervisor: Bonner Dobbs, Psy.D.

- Provide long-term psychotherapy to 2 adult clientele, under the supervision of a licensed psychologist
- Conduct initial consultations and decide on appropriate disposition and referrals for clientele on assessment waitlist
- Conduct 2 full battery neuropsychological assessments and write corresponding integrated reports

UTD Counseling and Testing Center August 2021 – May 2022
Practicum Clinician
Supervisors: Erin Schrader, Ph.D., Erika Hanley, M.A., Jenna Temkin, Psy.D.

- Provided psychotherapy to students in a brief therapy model, under the supervision of a licensed psychologist
- Conducted initial consultations and provided appropriate referrals for student-clients
- Co-facilitated weekly workshops using Cognitive-Behavioral Therapy for anxiety and depression
- Co-facilitated weekly skill-based group using Dialectical Behavioral Therapy
- Created social media content for promotion of mental health awareness

UNT Counseling and Testing Center August 2018 – May 2021
Practicum Clinician
Supervisors: Vicki Campbell, Ph.D.; Patricia Kaminski, Ph.D.,
Shelley Riggs, Ph.D., Ed Watkins, Ph.D.

- Provided long-term psychotherapy to 5 adult clientele, under the supervision of a licensed psychologist
- Provided and received feedback from peers in a vertical practicum while watching videotaped sessions
- Completed on-call hours

- Conducted 2.25 full battery psychometric assessments for adult and adolescent clients and wrote corresponding reports

UNT Counseling and Testing Center

August 2020 – May 2021

Practicum Clinician

Supervisor: Enedelia Saucedo, Ph.D.

- Provided psychotherapy to students in a brief therapy model, under the supervision of a licensed psychologist
- Conducted initial consultations and provided appropriate referrals for student clients
- Co-facilitated a bi-weekly workshop for first-generation undergraduate students

SERVICE ACTIVITIES

Council of Counseling Psychology Training Program Standing Committee on Advocacy, Inclusion, and Diversity (SCAID)

August 2021 – present

Student Representative

- Develop strategies to center conversations around multiculturalism, privilege, power, oppression, social justice, and advocacy in counseling psychology training programs
- Support training directors in their efforts to include and sustain interventions around advocacy, inclusion, and diversity in their programs
- Organize student town halls for students to share experiences with diversity, inclusion, and social justice efforts in their respective programs

Graduate Association of Students in Psychology, UNT

August 2021 – May 2022

President

- Act as a liaison between the graduate student body and the department
- Advocate for students' concerns at monthly department meetings
- Coordinate and organize social events to promote positive department culture
- Organize annual fair hosting DFW-based practicum sites offering psychology graduate student training

Psychology Advocates for Social Change, UNT

June 2020 – May 2021

Outreach Coordinator

- Organized voting registration drive in the Department of Psychology to help undergraduate students across 30 psychology courses register to vote for the 2020 presidential election
- Collaborated with the Action Coordinator to organize processing forums during the presidential election and rise in violence towards Asian American/Pacific Islander community.
- Raised \$400 during a campaign to provide ride share or public transportation to vote at polling stations for the 2020 presidential election and remainder of money was donated to the American Civil Liberties Union
- Coordinated a roundtable series on how to deconstruct the colonial ideologies and Western thought and approaches in the work of psychologists (i.e., therapy, research, and teaching)

Graduate Association of Students in Psychology, UNT

June 2019 – May 2021

Counseling Psychology Program Representative

- Coordinated and organized 2020 in-person program interview day for 34 applicants and 2021 virtual program interview day for 32 applicants
- Advocated for students' concerns and vote on program policies and changes at monthly program meetings
- Promoted cooperative and supportive program culture by organizing annual welcome parties for

- faculty, current students, and incoming students and monthly check-ins with current students
- Facilitated discussions to promote multiculturalism, diversity, and social justice at program town halls each full academic semester
- Organized and led virtual processing forum during the increase in Black Live Matters protests in June 2020 for faculty and current students

Unlikely Allies in the Academy, UNT

May 2020 – August 2020

Facilitator, Office of Diversity, Equity, and Inclusion

- Participated in a module series to engage in intragroup dialogue with those of the same racial and ethnic identities and in intergroup dialogues between those of differing identities in the UNT community
- Led five 1.5-hour intragroup dialogues for the Asian American/Pacific Islander group

PUBLICATIONS

Watkins Jr, C. E., Toyama, S., Briones, M., Gaskin-Cole, G., Zuniga, S., Yoon, J., Hwang, H., **Hasan, F.**, Doty, D., Harker, J.R., Hook, J., Wang, C.D., & Wilcox, M. M. (2021). Multicultural streaming in group psychotherapy supervision: orientation to and preparation for culturally humble practice. *American Journal of Psychotherapy*. <https://doi.org/10.1176/appi.psychotherapy.20210021>

CONFERENCE ACTIVITIES

Thompson, L., Ledesma, A., Gentea, F., Jones, C., **Hasan, F.**, & Blumenthal, H. (2022, November 17-20). An Examination of insecure attachment and perceived sleep quality among adolescents [Poster Presentation]. The 56th Annual Association for Behavioral and Cognitive Therapies, New York, NY, United States.

Hasan, F., Arnold, M., Xiang, L., Lawson, E., & Wang, C.D. (2022, August 4-6). *Parent-adolescent communication, attachment style, and emotion regulation* [Poster Presentation]. American Psychological Association 2022 Convention, Minneapolis, MN, United States

Gu, P. & **Hasan, F.** (2022, April 6). *Managing Burnout in a Hybrid World: Graduate Student Perspectives* [Conference Presentation]. University of Texas at Dallas Annual Mental Health Summit, Richardson, TX, United States.

Xiang, L., **Hasan, F.**, Arnold, M., Lawson, E., & Wang, C.D. (2022, April 8-10). *The relationship between attachment, self-construal, self-recognition, and life satisfaction among university students* [Poster Presentation]. Southwestern Psychological Association Annual Convention, Baton Rouge, LA, United States.

Khan, A., Toyama, S., **Hasan, F.**, & Shelton, A., (2022, January 5-7). In C.D. Wang (Chair), *Examining the complex functioning of the multifaceted ethnic identity construct* [Symposium]. National Multicultural Conference & Summit 2022, Santa Fe, NM, United States.

Briones, M., Hwang, H., & **Hasan, F.** (2022, January 5-7). *In our own backyard: The experiences of graduate students of color* [Roundtable Presentation]. National Multicultural Conference & Summit 2022, Santa Fe, NM, United States.

Hasan, F., Gu, P., & Wang, C.D. (2022, January 5-7). *Parent-adult child religious discordance and Asian American identity development* [Roundtable Presentation]. National Multicultural Conference & Summit 2022, Santa Fe, NM, United States.

Ramadan, B., Blumenthal, H., Slavish, D., **Hasan, F.**, Baker, A., Hall, M., & Stucky, V. (2021, November 16-

- 21). *Social anxiety and sleep disturbance in adolescence* [Poster Presentation]. The 55th annual meeting of the Association for Behavioral and Cognitive Therapies – Behavioral Sleep Medicine Special Interest Group, New Orleans, LA, United States.
- Baker, A., Brown, Z., Stucky, V., **Hasan, F.**, & Blumenthal, H. (2021, November 16-21). *The moderating role of maternal versus paternal warmth on the link between pubertal status and depression* [Poster Presentation]. Abstract submitted to the biennial meeting of the Society for Research on Adolescence, New Orleans, LA, United States.
- Baker, A., Hall, M., Ramadan, B., **Hasan, F.**, Lewis, S., & Blumenthal, H. (2021, November 16-21). *Primary caregiver anxiety sensitivity and offspring social anxiety: relative role of parent- and child-reported anxious rearing practices* [Poster Presentation]. The 55th Annual Association for Behavioral and Cognitive Therapies – Parenting and Families Special Interest Group, New Orleans, LA, United States.
- Ramadan, B., Blumenthal, H., Slavish, D., Hanes, J., **Hasan, F.**, & Thompson, L. (2022, March 3-5). *Adolescent social anxiety and poor sleep quality before COVID-19* [Poster Presentation]. 2022 Biennial Meeting of the Society for Research on Adolescence, New Orleans, LA, United States.
- Hasan, F.** & Wang, C.D. (2021, August 12-14). *Ethnic identity statuses and psychological well-being* [Poster Presentation]. American Psychological Association 2021 convention, San Diego, CA, United States.
- Hwang, H., Briones, M., **Hasan, F.**, & Wang, C.D. (2021, August 12-14). *The effects of approach coping style and mindfulness on self-esteem*. [Poster Presentation]. American Psychological Association 2021 Convention, San Diego, CA, United States.
- Hasan, F.**, Ramadan, B., Kannard, E., Blumenthal, H., (2020, November 19-22). *Social support as a protective factor for risky drinking motives for adolescents with anxious attachment* [Poster Presentation]. The 54th Annual Convention for the Association of Behavioral and Cognitive Therapies, Philadelphia, PA, United States.
- Stone, L. B., Cloutier, R. M., **Hasan, F.**, Herrera, C., Rueger, S. Y., Blumenthal, H. (2020, August 8-11). *Validation of the MPI to assess cannabis-related risks among community-recruited adolescents* [Poster Presentation]. American Psychological Association 2020 Convention, Washington, DC, United States.
- Hasan, F.**, Kimbrough A., & Guadagno, R. (2020, July 10-12)). *Implicit attitudes and explicit attitudes toward Muslims* [Poster Presentation]. The 12th Annual Muslim Mental Health Conference, Chicago, IL, United States.
- Tante, B., **Hasan, F.** & Wang, C.D. (2020, April). *Adult attachment, perceived stigma of seeking help, and psychological distress* [Poster Presentation]. Counseling Psychology 2020 Conference, New Orleans, LA, United States. (Conference canceled due to COVID-19 pandemic).
- Hasan, F.**, Gu, P., Bismar, D., & Wang, C.D. (2020, April). *American-born adult children of immigrants in graduate school and academia* [Roundtable Presentation]. Counseling Psychology 2020 Conference, New Orleans, LA, United States. (Conference canceled due to COVID-19 pandemic).
- Stone, L. B., Cloutier, R. M., Herrera, C., **Hasan, F.**, Rueger, S. Y., & Blumenthal, H. (2019, November). *Validation of the MPI to assess cannabis-related risks among college students* [Poster Presentation]. The 53rd annual convention of the Association of Behavioral and Cognitive Therapies, Atlanta, GA, United States.
- Hasan, F.**, Bismar, D., & Wang, C. D. (2019, August). *Adult attachment, emotional reactivity, cultural orientation, and psychological distress* [Poster Presentation]. American Psychological Association 2019 Convention, Chicago, IL, United States.

RESEARCH EXPERIENCE

Cross-Cultural Attachment Lab, UNT

August 2018 – present

Research Assistant

Principal Investigator: Chiachih DC Wang, Ph.D.

- Collect and organize data for studies examining the role of attachment in identity development, body image concerns, and the usage of different social media applications
- Contribute to the development of future research studies
- Participate in weekly lab meetings
- Develop a master's thesis project to explore ethnic-racial socialization and ethnic-racial identity development among college students

Teen S.T.A.R Laboratory, UNT

August 2018 – June 2022

Research Assistant

Principal Investigator: Heidi Blumenthal, Ph.D.

- Trained undergraduate and graduate students to administer the Structured Clinical Interviews for DSM-5(SCID-5) and Mini-International Neuropsychiatric Interview (M.I.N.I)
- Recruited participants for studies involving anxiety and substance use among adolescents
- Administered SCID-5 and Mini-International Neuropsychiatric Interview with adolescent and adult research participants

Online Social Influence Lab, UTD

June 2015 – August 2017

Research Assistant

Principal Investigator: Rosanna Guadagno, Ph.D.

- Collected and organized data for studies exploring gender differences in social conformity, prosocial behaviors in video gaming, and the social influences involved in different social media applications and websites
- Conducted undergraduate honors research project observing implicit and explicit biases held against Muslim Americans
- Investigated the motivations and prosocial behaviors involved in the mobile game application PokemonGo

TEACHING EXPERIENCE

Teaching Fellow

January 2022 – May 2022

Positive Psychology, UNT

Teaching Fellow

August 2021 – December 2021

Foundations of Counseling Psychology Lab, UNT

Graduate Teaching Assistant

January 2021 – May 2021

Developmental Psychology, UNT

Class Lecturer, Chiachih DC Wang, Ph.D.

Graduate Teaching Assistant

January 2021 – May 2021

Abnormal Psychology, UNT

Class Lecturer: Craig Neumann, Ph.D.

Graduate Teaching Fellow

August 2020 – December 2020

Interpersonal Behavior, UNT

**Graduate Teaching Assistant
Experimental Methods, UNT** July 2020 – August 2020
Class Lecturer: Hansong Zhang, M.S., Teaching Fellow

**Graduate Teaching Instructor
Quantitative Methods Lab, UNT** January 2019 – May 2020
Class Lecturer: Hansong Zhang, M.S., Teaching Fellow

**Graduate Teaching Fellow
Developmental Psychology, UNT** August 2019 – December 2019

**Graduate Teaching Assistant
General Psychology, UNT** January 2019 – May 2019
Class Lecturer: Tosha Griggs, Teaching Fellow

**Graduate Teaching Assistant
Psychosocial Adjustment, UNT** August 2018 – December 2018
Class Lecturer: Dalton Mack, M.S., Teaching Fellow

**Undergraduate Teaching Assistant
Research Design and Analysis, UTD** August 2016 – December 2017
Class Lecturer: Meredith Grant, Ph.D.

**Peer Instructor
Freshman Seminar, UTD** January 2015 – December 2016
Supervisor: Shelley D. Lane, Ph.D.

PEER REVIEWED JOURNAL AND CONFERENCE REVIEWING

Division 45 American Psychology Association 2022 Convention Proposals (reviewer)

Division 45 American Psychology Association 2021 Convention Proposals (reviewer)

Anxiety, Stress, and Coping: An International Journal (ad-hoc reviewer)

Division 45 American Psychology Association 2020 Convention Proposals (reviewer)

AWARDS AND SCHOLARSHIPS

Texas Instruments Scholarship Fall 2022 – Spring 2023
University of North Texas, Department of Psychology

Ladenberger Honor Student in Psychology Award Fall 2022 – Spring 2023
University of North Texas, Department of Psychology

R.B. Toulouse Scholarship Summer 2019 - present
University of North Texas, Student Financial Aid & Scholarships Department

Muslim Mental Health Young Investigator Award March 2020
Altalib Family Foundation Institute, Muslim Mental Health Conference

MEMBERSHIPS

American Psychological Association of Graduate Students	January 2021 – present
American Psychological Association	January 2021 – present
American Psychology Association Division 45	January 2021 – present
American Psychology Association Division 17	January 2021 – present
American Psychology Association Division 2	January 2021 – present
Association for Behavioral and Cognitive Therapies (ABCT)	November 2020 – present
Psi Chi	August 2016 – present