



Greetings from the Program Director

Dear Alumni, Colleagues, and Friends of
the UNT Counseling Psychology Program,

Greetings! I hope you enjoy the beautiful and
pleasant fall season weather.

I am extremely excited to welcome our new assistant
professor, Dr. Ingrid Hogge to join our program this
semester. Dr. Hogge was selected from a large
candidate pool from a national search conducted in
fall 2021 and Spring 2022. Dr. Hogge came with a
wealth of teaching and training experiences for she
was a faculty of an accredited Counseling
Psychology Program at another university for a few
years before joining us this fall. Please see the new
program faculty spotlight inside of this newsletter on
page 4 and help me welcome Dr. Hogge to our new
academic family.

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Greetings from Program Director Continued...

Dr. Cox retired in the end of summer 2022. Although also serving as a faculty of the Clinical Psychology Program, Dr. Cox had made significant contributions to the clinical training needs of our program in the past 25+ years through his role as the Director of our Psychology Clinic. I know many students and alumni considered him as one of their primary mentors and source of support. On behalf of our program committee, I express our greatest appreciation to Dr. Cox for his dedication and excellent work as a clinical supervisor and our Clinic's Director. We will definitely miss him! Dr. Rogers has graciously agreed to serve as the interim Director while we are searching for a new director this Fall.

They are Drs. Danna Bismar, Steve Coomes, Cameron Davis, Ashley Geerts-Perry, Adam Hodge, Randi Jackson, Tess Palmateer, Amanda Shaunessy, Andy Walsh, and Hansong Zhang. All of our 2022 alumni secured employment positions in various settings. Please help me congratulate these outstanding alumni. We are very proud of you.

In late August, we welcomed eight very talented new students to join our program's 2022 cohort. Since Fall 2022 is the first semester in which all coursework and clinical training activities are returned to "pre-pandemic" operation, we were very excited to host our annual Welcome party on 08/27 evening in South Lakes Park to welcome our 1st year and returning students and to kick off the new academic year without wearing masks. The welcome party was well attended, 40+ students, faculty, and significant others were there for a fun night before another busy semester began. Please see the group photo we took from this year's Welcome Party. All of our first years are well adjusting to the new environment and continue to demonstrate strong efforts to manage the demanding doctoral training. Please see page 17 of the newsletter for their names, photos, and brief information about each of them.



I would like to encourage all alumni to consider making a small donation to our program. The department has very limited administrative budgets so we have established a program activity account to recruit donation to help cover expenses that were not fully supported by departmental administrative money (e.g., mock internship interviews, campus interviews for admissions, town hall meetings, invited talks, etc.). Any amount (\$10-\$100) of donation from alumni is welcome. The donation is tax-deductible; please contact me at dcwang@unt.edu or at 940-565-2678 for more information.

The university continues to grow in its size and reputation. This fall, UNT celebrates a record high enrollment—44,500+ students on campus now. Our department home building—Terrill Hall just completed the 12-month interior remodeling work and it has gained a new look now. If you (any program alumnus) would like to visit Denton, please let me know. It will be delightful to meet up with our alumni and catch up with you over lunch or afternoon coffee or beer.

Chiachih DC Wang, Ph.D.
Director, Counseling Psychology Ph.D.
Program

Message from the Department Chair

DEAR STUDENTS, FACULTY, STAFF, AND ALUMNI,

Welcome to the new Academic Year of 2022-2023! We have finally finished construction here in Terrill Hall, and everyone is back on campus. It feels great to be able to see everyone and meet one another in person for the first time after corresponding through countless emails and zoom meetings. We've made great progress here in Terrill Hall, rebuilding our staff, making improvements within the department, and hiring loads of new faculty for both the main Denton campus and the Frisco campus.

We are very excited to have started the Psychology Department Seminar Speaker Series, the first of which was held in TH 281 at 4pm on Friday, September 30th. Our guest speaker, Dr. Byron L. Zamboanga, discussed Drinking Games Among Young Adults in the U.S. and Abroad: Prevalence, Cognition, and Sociocultural Considerations. We hope you all continue to join us for our future Seminar Speaker Series!

There are several new faces in the Psychology office as we are close to being fully staffed. Our new staff members include Kathy Stiegelmar, our Undergraduate Coordinator, who started with us in August of this year. Joan McKay, our Office Coordinator, started in April of this year. We are very confident in our team as we begin the new academic year. Please don't hesitate to stop by our office (TH 316) and say hello! Along with the new staff additions, we are happy to welcome five new faculty members as well—Drs. Levin-Aspenson, Hogge, Manriquez, Gilmore and Kirk are all settling in at UNT! Please make an effort to extend them a warm welcome.



Photo of Don Dougherty and his wife, Karin in Hawaii

This summer, we were able to purchase a new refrigerator, microwave, kettle, and coffeemaker for our hard-working graduate students! Thank you all for your patience as we worked through the details of our processes with all new staff. Implementing some processes for the first time was not easy, so we appreciate everyone's cooperation. Ultimately, we all have the same goal, which is to make this department the best that it can be in every aspect. The future of our department looks bright!

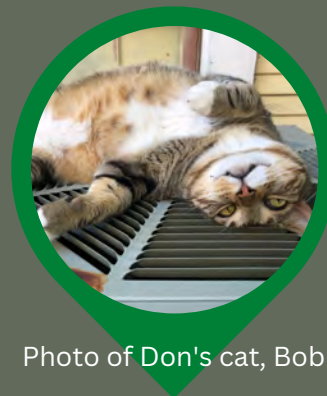


Photo of Don's cat, Bob

Cordially,
Don Dougherty, Ph.D.
Department Chair
& Professor
Department of Psychology

Meet Our New Faculty

Hello!

I was asked to share a bit about myself. I am trying to move away from defining myself by my work, so I will start with some other things. I am originally from Dallas and am happy to be nearer to family and reconnect with friends. I'm also enjoying exploring Denton which seemed like a million miles away when I was growing up. It's still an adjustment having moved across states this summer and I am looking forward to the day when I will be done with moving boxes. When things are more settled, I tend to be a homebody and like gardening (especially with indigenous plants), baking, and craft projects that I start and do not finish. While I'm doing that, I listen to lots and lots of podcasts and watch shows on Bravo. I also like to be politically involved and am learning more about organizations in the area, which are very active as we near the midterm elections on Nov. 8th (reminder to make a plan to vote if you can!). I was a biology major in college and worked in evolutionary ecology before becoming a psychologist. I know a lot of random facts about plants and animals, which come in handy at pub quizzes and talking with that one kid that's really into dinosaurs. I also like to travel, especially to national parks and the ocean. My picture was taken at Cape Point in South Africa, which is not the absolute southern tip of Africa but pretty close!



Dr. Ingrid Hogge

I was most recently an Assistant Professor at Cleveland State University and did my internship at the University of Florida Counseling and Wellness Center. I got my PhD at Southern Illinois University. My research tends to focus on cultural factors in trauma, especially sexual violence, and suicide. I also really enjoy clinical work and supervision.

I am so pleased to join the counseling psychology program at UNT. I look forward to getting to know you all!

Meet Our New Faculty cont...



Dr. Irais Anderton Chavez

Hi! My name is Dr. Irais Anderton Chavez and I'm excited to be a new member of the UNT family. I'd love to tell you a little bit about myself. I was born in Venezuela and moved to Texas when I was almost 5 years old. I live in Fort Worth and in my free time I enjoy reading, watching crime shows, and participating in the occasional walk/run event. I also enjoy spending time with my parents and friends and going to Zumba classes.

I completed my bachelor's degree at Texas Christian University (Go Frogs!) with a major in Psychology and a double minor in Sociology and French. Undergrad was busy and fulfilling and truly solidified my interest in clinical work and working with the Latinx community. I graduated from TWU's Counseling Psychology program in 2016, where as a practicum student, I had the

opportunity to work with clients in a variety of different settings. My practicum placements included the TWU Counseling Center, Denton County Friends of the Family, and FMC Carswell in Fort Worth. I continued to volunteer at Friends of the Family until I went to Ohio for internship. While at Bowling Green State University I had the opportunity to work with counseling center and university leaders on university Title IX efforts. I also learned that winters in the Midwest are in a league of their own.

I was hired on as a full-time staff member at Friends of the Family upon returning to Texas and worked alongside an amazing group of individuals to provide counseling and advocacy resources to survivors of relationship violence and sexual abuse. During my tenure at the agency, I provided individual and group counseling services to English and Spanish-speaking adult clients and supervised a number of masters- and doctoral-level student clinicians. When my time at Friends of the Family came to an end in the Fall of 2021, I joined a group practice, Lotus Counseling & Psychological Services, LLC.

My training and opportunities have allowed me to work with amazing people and I have extensive experience working with survivors of interpersonal trauma and with individuals affected by depression, anxiety, grief and loss, and complicated family relationships. I also have a special place in my heart for mentorship and working with first generation students. My love for working with clients is only matched by my love for supervising and teaching, and in the years to come, I hope to continue adding to my experiences.

Faculty Updates

DR. JOSHUA
HOOK



Hello! I hope this newsletter finds you and your family doing well and staying healthy. We had a great summer. We took a few trips—first, we went to Canada to visit Jenn’s family in July. It was nice to escape the heat for a bit, and Autumn loved camping and playing with her cousins. Then in August, we went to Minnesota to see some of my family and attend the American Psychological Association conference. It was great to connect with some friends and colleagues whom I haven’t seen in a couple years. The lab is going well. Heidi Ellis is working on her dissertation and applying for internship this year. Sabrina Zuniga and Caleb Freund are working on their theses, and Jacob Kranendonk is my new student who is just getting started. (He was a master’s student of one of my former mentees, David Mosher, who is now a professor.)



Jenn keeps busy running her non-profit organization called Replanted, which provides support for adoption and foster families—their annual conference happens in October. We have a parenting book coming out next year through Herald Press and I also just sent in my first draft of a book through APA on how to do research (aimed at graduate students). Autumn turns 2 in October and is so much fun!

CHECK IT OUT!

Replanted: <https://replantedconference.org>

Parenting Book:

<https://heraldpress.com/9781513810478/thriving-families/>

Faculty Updates Cont...

Dr. DC Wang & CCARL



In the past 6 months, several members in the Cross-Cultural Attachment Research Lab relocated to different cities to pursue their next level of professional development. Danna Bismar completed her pre-doctoral internship in July 2022, returned to campus in May for her graduation commencement, and relocated to L.A. for her post-doc position at the Boston Child Study Center, LA Office. Gabby Weierbach moved down to San Antonio and Wan-Ju Chao moved to Seattle for their pre-doctoral training. Additionally, Faraha's husband got a new job in Seattle so she has relocated to that area for her 5th year externship. Last but not the least, we welcome our 1st year student, Tiffany Tran to join our lab this August.

We have had a productive time in the past 6 months. After some delay, I have finally completed the promotion process to become a full professor at UNT. I am very happy to have reached this benchmark in my academic career. Gabby successfully defended her dissertation in May 2022. I am very proud of Gabby and congratulate her for turning her pre-doctoral internship training into a 1-year "paid vocation and professional development." Four lab members (Peter, Faraha, Shiho, & Lilli) and I attended the 2022 APA convention in Minneapolis, MN which was the first one held in person since summer 2019. We had a great time presenting a few posters together, attending several good talks, and managing to have dinner together on one night to relax and share our conference experiences.

Faraha, Peter, and Wan-Ju have each completed a manuscript based on their thesis and Melissa also completed one based on her 5910 project early fall. These manuscripts all have been submitted for journal review. I feel confident that we will soon have good news about these manuscripts to share with everyone. Faraha and Peter both have passed their dissertation proposals and are applying for internship. Wish them good luck in matching with their top choice.

Our lab had a social event in early October having a picnic in Grapevine Botanical Garden and then visiting the historical Grapevine Main Street. Several lab members also invited their significant others and we had a wonderful Sunday afternoon together. Please see the group photo taken in the botanical garden.

Faculty Updates Cont...

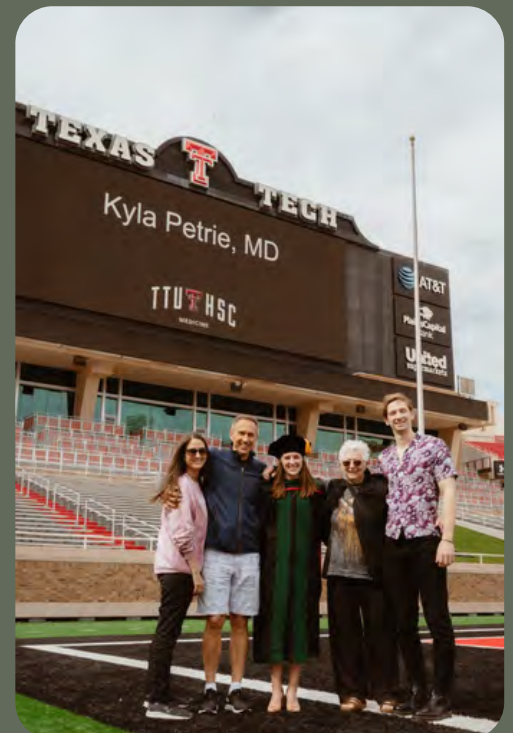


Dr. Martinque Jones BWell Lab

Members of the BWell Lab have been very productive over the past few months and are eager to start a new academic year. Several members of the lab are planning to successfully propose their thesis and dissertation projects, and some members are submitting manuscripts for publication. Lab members are also taking on meaningful leadership roles within the department. Since I last updated, we accepted two new amazing members into the lab—Cassandra Jean-Ceide (2nd year) and Quanisha Whittfield (1st year)! Information about all our lab members and their awesome work is now on our website—<https://www.bwelllab.org>. In the coming months, we plan to launch a social justice project focused on women of color's mental health.

Dr. Trent Petrie

Much has happened since the last newsletter and we updated you on our family and lives. Let's start with our kids. Kyla graduated from medical school and is now in her orthopedic surgical residency at Texas Tech Health Center in Lubbock...very exciting to have a "real" Dr. Petrie in the family! Braeden is in New York city and continuing to pursue his fashion design training at Parsons. Kyla and Braeden too their grandmother (my mom) to Europe this summer to see Barcelona, Dubrovnik and Split. My mom had not been in over 50 years so it was a great trip for them. The one downside was that they got COVID just before their return so had to deal with the hassles of quarantining and rescheduling flights. Thankfully all made it back safely and with no lingering effects due to the COVID. Will's big news is that he is a licensed driver now! He's very excited and Laura's a bit anxious (though Will's been doing well in his driving so far). He's also made the JV1 basketball team this year and excited to be playing.



Faculty Updates Cont...

Laura and I are well. We did a fair amount of traveling this summer, mostly to our cabin in CO though we also took Will and his friend to San Diego for five days (can anyone say “surfs up”). In CO, the weather this year was cooler and wetter and we enjoyed just being there. I was able to get in some phenomenal hikes with Charli (who has been elevated to real mountain dog status) to Blaine Basin, Ice Lake, King Bullion Lake to name a few. When I went back in September to celebrate the anniversary of my dad’s death, the aspen’s were in full-bloom. First time I had seen them in that state and they were beautiful. Did a lot of walking amongst the trees because our falls in Texas are just not so splendid.



Laura continues her work at Children’s, though they have been undergoing a lot of change, including the ending of Our Children’s House and the integration of all the programs that were part of that hospital into the larger Children’s facility. This change has been stressful and one of the many reasons she is going to be stepping down after almost 20 years. She has started the clock for her move into private practice, which will take place next spring. Although she will miss her colleagues, she is looking forward to having more flexibility in her professional life and to be able to create feeding programs that she could not at Children’s.

As always, fall semester is very busy with getting everyone ready to apply for internships (yeah Megan Drew and Derek Sokoloff), welcoming our first years (Isabella Franks, Olivia Kit, Jessica Renteria, Bri Wallace), and helping our current interns start the process of looking for jobs (didn’t they just start their internship?).

Among all of this, we have started our Bodies in Motion grant research project in the PAC-12 along with all our other internal mental health focused research with athletes. We are very excited this year to also be providing sport psychology and mental health services to TWU’s and UT-Arlington’s athletic departments. Through these partnerships we’ve been able to give some of our current 4th and 5th year students assistantship opportunities (where they are basically the sport psychologists for each school). Finally, after a 2 ½ year hiatus, we restarted our small-group dinners (first one last night!). It has been great to move out from the COVID isolation and get back to seeing one another, socializing, and building our family.

I will be on sabbatical in the spring semester and traveling to the UK to visit with my friends and colleagues and working on our various research projects. Thanks to our alums (UNT Mafia), our current students will not miss a beat because so many of our family are stepping up to work with them in their sport psychology training. You are an incredible group!

Take care from all of us and hope you have a wonderful fall and a great holiday season.

Alumni Updates



Hello! My name is Brian Yu, and I graduated from UNT's Counseling Psych program (Sport Psych emphasis) in 2017. I worked closely with Dr. Wang as my main mentor and Dr. Petrie as my sport psych advisor. Even to this day, I'm still in regular contact with them both, and it has been very helpful to still have their support, even as a post-grad. I did my predoc internship and post-doc at Student Health and Counseling Services at the University of California, Davis. There I was trained as a generalist in their counseling center while also getting opportunities to work with their student-athletes and teams. In 2020, I completed my requirements to become a Certified Mental Performance Consultant. After graduating, I worked in the counseling center for California State University, Sacramento and then eventually in the athletics department at the University of Maryland, College Park.

Dr. Alexander "Brian" Yu

Currently, I'm now living in the Washington, DC area. I'm a licensed psychologist in Maryland and Virginia, and also have received PSYPACT credentialing to practice telepsychology in other states. I'm now in private practice, working as an independent contractor for a group practice called Maryland Centers for Psychiatry and Maryland Sports Performance. They're the same practice, with two different names. I see some adults and a lot of adolescents for both mental health and sport psychology concerns. Additionally, I have had opportunities to provide services to teams and organizations. Most recently, in addition to my work with the group practice, I decided to also start my own private practice in Northern Virginia, called Prevail Performance Counseling.

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Alumni Updates Cont...



If you'd like to learn about more about my private practice and my group practice, check out the websites below:

prevailperformance.com
mdsports.net

Thanks for allowing me to be featured and to give an update with where I'm at since my days at UNT. Best of luck to you all as you continue to build your way toward becoming psychologists!

If you had asked me in grad school, if I wanted to go into private practice, I probably would have been very hesitant about it, but I've gotta say, taking the jump into private practice and being a small business owner has been thrilling! Being able to set my own schedule and define what work I want to do has been eye-opening and surreal. And working for myself has brought on a new sense of motivation and purpose to my work that I had never experienced before. Additionally, now having to do my own branding and marketing has added a whole new satisfying dimension to my work that I didn't think I would have enjoyed. Don't get me wrong though. Private practice certainly comes with its own set of stressors and inconveniences. And, I still definitely have a long way to go toward building up my caseload and making a name for myself in my community. But the unknown and wide range of possibilities of where I can take my practice is what makes this whole process exciting and worthwhile!

"When you think 'toughness,' maybe images of an unmovable boulder or a sturdy tree come to mind. They're rigid and unyielding, which helps them endure a lot. But at some point, that same rigidity can lead to cracking and snapping under pressure.

What if 'toughness' was more like water? To quote Bruce Lee, 'Be formless, shapeless - like water. You put water into a cup, it becomes the cup... You put water into a teapot, it becomes the teapot. Now water can flow or it can crash.'

Water is flexible and adaptive, and that is what 'toughness is all about. Instead of breaking under pressure, **you accept it, adapt, and keep moving.** So when you think toughness, think water!

Alumni Updates Cont...

Howdy! My name is Stacy Bonds and I am a 2018 graduate of the child and family cluster. When I started, I had no idea what becoming a psychologist would entail. I can remember the first day of training when Dr. Wang shared what was involved in assessment and I was stunned by all we were going to learn. I didn't know the EPPP was a thing or the highs and lows predoctoral internship would bring. If I'd known every step, I might not have signed up. But I am really glad I did.

My training at UNT showed me what I was capable of. From coursework, research, assessment, and therapy, I discovered I was able to do more than I imagined. I needed to dream bigger and push my limits. My training prepared me for what was to come. Our internal practicum opportunities were invaluable. I trained with so many folks who did not get this structured, titrated experience to get feedback on their clinical skills from tape review. This really helped me develop as a clinician, even if watching my own tape was never fun. I am especially grateful for my courses in supervision, acceptance and commitment therapy, and the child and family cluster. These offered me amazing training opportunities that have served me well after graduation. For instance, I ended up at the VA San Diego Healthcare System completing a couple therapy postdoctoral fellowship.

Dr. Stacy Bonds



I was aiming for a career within the VA system. But after training in three different VA systems, I saw what daily life and challenges VA psychologists were up against and decided to follow another path. The Happenstance Learning Theory was really helpful for the pivot, thanks Dr. Watkins! So, I decided to head into private practice. Being a psychologist is such a unique career as it gives us the opportunity to carve out what we want to do. I had never imagined I would end up in private practice, but the flexibility of my background gave me the opportunity to build the kind of work I wanted to do.

Continued on pg. 13

Now, I am running a group practice in San Diego, Grounded Therapy (www.groundedtherapy.org). Right now, we have five psychologists working together. Much of our work is focused on individual and couple therapy for trauma, anxiety, and depression with third-wave cognitive behavioral approaches. We have a strong emphasis on working with members of the LGBTQ community. As a bisexual femme, providing quality queer affirmative therapy is very values-consistent. As a team, we get the community, support, and consultation that can be missing from solo private practice. At the same time, each practitioner gets the opportunity to carve out their own niche (mine is couple therapy). We work with insurance (Aetna, Cigna, Lyra, Optum, United HealthCare) to make care accessible (and have a billing specialist to make accepting insurance sustainable). Lastly, I am getting the opportunity to stay involved with training by building a postdoctoral fellowship (to start September 2023). Welcome any interested students to check out our website or reach out to me to learn more

(<https://www.groundedtherapy.org/fellowship.html>, Stacy.Bonds@groundedtherapy.org).

Student Spotlights

Caleb Freund



Second year is officially underway, and all of the discussions/lectures/theory of the past year of this program are finding themselves surrounded by tangible realities. You work with clients, real people paying real money, who entrust their well-being to you. As someone who came into the program with only a bachelor's degree, lacking any previous clinical experience, it's akin to a rollercoaster of sorts. Buckled into your seat, you feel giddy as you're carried steadily up to the top of the first drop. (This is what you've signed up to do, the chance to do meaningful work and change people's lives for the better!) Gradually, the reality of what is about to happen hits you, and your giddiness mixes with a hint of nausea as you look at the ground. An exhilarating, occasionally overwhelming ride. But within those feelings of self-doubt are also the beginnings of a budding self-competence. An uncomfortable, yet natural tension in the formation of a psychologist's identity, I am told.

Student Spotlights Continued...

As a member of Dr. Hook's lab, I have deeply enjoyed exploring relationships between spirituality and psychology. Personally, it has been deeply rewarding to incorporate justice and advocacy more explicitly to both my spiritual and professional identity. In fact, this has greatly influenced the subject of my thesis research, namely exploring the relationship between different elements of a person's spirituality and cultural humility. It is my hope that this research will help to identify ways that spirituality can encourage greater cross-cultural empathy.

Prior to enrolling in the program, I knew nothing of psychological assessment. However, it has become an incredibly interesting subject to me. The ability to provide clarity to a client with a differential diagnosis or assistance via accommodations, for example, is a powerful form of helping others that I want to pursue in my future career.

Speaking of careers, my wife Julia has had many recent exciting moments in her career as an artist! When she isn't working as a high school painting teacher in Denton ISD, she has been hired to paint murals in several areas around the DFW area. Additionally, she's had the opportunity to showcase her art in several local Denton exhibits, including the Greater Denton Art Council and the UNT CoLab. She also received a reward this summer from the Dallas Museum of Art to research national parks in California as part of an art series exploring national identity. It has been extremely rewarding for me to see Julia continue to move towards her own goals and dreams even after moving to Denton for mine.

Finally, Julia and I have also enjoyed getting to know Denton and building a community together. While first year can often be lonely, living away from family or friends, I've been exceedingly grateful for people in this program (and out of the program!) who have welcomed us. We've made many wonderful memories already in our home in Denton, sharing meals, conversations, and very, very competitive board game competitions. Particularly in a program that can seem to take up so much of your life and time, it's wonderful to have a break from it all and laugh together. As many people have said before me, finding your people in this program is key to avoiding burnout.



A Short Story by Megan Drew

We tried all of the exterior doors and windows – locked. I mean, good for the Pineapple House (Megan, Olivia, and Heather) for our dedication to safety; however, being trapped outside during “Snowpocalypse” was not how we planned to spend our Tuesday. How did we get trapped outside you may be wondering? Enter Heather's incredibly intelligent German Shepherd, Marina. She so badly wanted to join us in building a snowman that she jumped up on the door and on her way down, locked the deadbolt. We all heard it ‘click’ and knew, we were trapped.

Student Spotlights Continued...

Megan Drew

My name is Megan Drew and I'm a fifth year in the sport psychology cluster. A quick scroll on my Instagram would give you the highlights: I'm a San Diegan who loves spending time with friends and family, is a fearless supporter of the San Diego Padres, enjoys exploring and spending time in nature, and is enamored with her golden retriever puppy, Duncan (follow him on IG: @thegoldenboyduncan). All of these perceptions would be absolutely accurate. And, I have also lived a lot of life, particularly in the last four years, that is not detailed on social media.

When I reflect on my grad school experience thus far, I don't think about the assessment reports, projects, research, stress, or numerous late work nights. Well, at least I try not to. Instead, I chose to think about the people, the places, the feelings, and the memories I have made here. I remember the first time meeting my cohort (the Sensonyne) and talking about the color of our toothbrushes. I remember the joy-filled nights of laughing, drinking CranDanglers, and eating B-Rad quesadillas at Eastside. I remember our MANY first place victories at Armadillo's trivia nights with our



team: Pavlov's B*tches. And to bring it full circle, I remember my roommates hoisting me through the only unlocked window at our house – the tiny, square bathroom window above the tub. And amongst the giggles, I can so vividly see Marina's smiling face, tongue hanging out of the side of her mouth, as she sat proudly in the doorway wagging to greet me.

During these last four years, life has not once stopped. I have walked through the grief of loss and have also welcomed the joy and light of new life (shoutout to Gwen and Alex, Aunty Meg loves you). I have processed the heaviness of my mom's cancer diagnosis and celebrated the completion of her treatment and subsequent remission. We've had more celebrations of love and commitment than I can count (congratulations to our engaged and newlywed Eagles) and have celebrated an absurd amount of thesis and dissertation defenses, drank to passing our comprehensive exams, and cheered with the new doctors at graduation. So here's my advice to all current and future students: Life doesn't stop while you're in grad school – be present, lean on your people, celebrate the victories (big and small), and don't forget to live!



Congratulations to Our Summer/Fall 2022 Graduates ★★



Dr. Danna Bismar

Postdoc Fellow, Boston Child Study
Center in Los Angeles

Dr. Steve Coomes

Staff Psychologist, Substance Abuse
Residential Rehabilitation Treatment
Program, Battle Creek VA Medical
Center

Dr. Cameron Davis

Staff Psychologist, Mental Health
Services at Indiana University School of
Medicine

Dr. Ashley Geerts-Perry

Postdoc Fellow, Momentous Institute

Dr. Adam Hodge

US Air Force Psychologist

Dr. Randi Jackson

Postdoc Fellow, Sanford University
School of Medicine

Dr. Tess Palmateer

Athletics' Director of Mental Health,
Florida Atlantic University

Dr. Amanda Shaunessy

US Navy Psychologist

Dr. Andy Walsh

Postdoc Fellow in Sport Psychology,
Counseling & Psychological Services,
Northwestern University

Dr. Hansong Zhang

Tenure-track Assistant Professor,
Department of Psychology and
Philosophy, Texas Woman's University



Meet the First Years!



Isabella "Issy" Franks

Hometown: Brisbane, Australia

Degree(s) and last school attended: B.A. in Psychology from Marquette University and M.Ed. in Counseling Psychology from Lehigh University

Advisor: Dr. Petrie

Cluster: Sports Psychology

Hobbies: Traveling, brunch, running, and tennis

Olivia Kit

Hometown: St. Catharines, Ontario, Canada

Degree(s) and last school attended: B.A. Brock University and M.A. Columbia University

Cluster: Sports Psychology

Advisor: Dr. Petrie

Hobbies: I love long-distance trail running



Jacob Kranendonk

Hometown: Minneapolis, Minnesota

Degree(s) and last school attended: B.S. in Psychology and M.S. in Clinical Psychology from Abilene Christian University

Cluster: Child and Family

Advisor: Dr. Hook

Fun Facts: I love baking and am always looking for people to talk about tips and recipes with!



Jessica Renteria

Hometown: San Antonio, Texas

Degree(s) and last school attended: BS in Sport Psychology and MS in Kinesiology with a Sport Psychology emphasis from Texas Christian University

Cluster: Sport Psychology

Advisor: Dr. Petrie

Fun Facts: I adopted a cat earlier this year and her name is Elvira; she is my precious baby. I love listening to different Spotify playlists. My sport background is acrobatic gymnastics. My favorite vacation spot is Sedona, Arizona





Anna Straughan

Hometown: Arvada, CO

Degree(s) and last school attended:

B.S. in Psychology and Child Learning and Development
M.S. in Human Development and Early Childhood Disorders
both from UT Dallas

Cluster: Child and Family

Advisor: Dr. Kaminski

Fun Fact: I am a big fan of frogs!

Tiffany Tran

Hometown: Houston, TX

Degree(s) and last school attended: Psychology, BS
from the University of Houston

Cluster: Child and Family

Advisor: Dr. Wang

Fun Facts: I have a black and white cat named Pepper!



Briana Wallace

Hometown: Fort Worth, TX

Degree(s) and last school attended:

B.S. in Psychology from Seton Hall University
M.S. in Kinesiology w/ an Emphasis in Sport Psychology
from UNT

Cluster: Sport Psychology

Advisor: Dr. Petrie

Fun Fact: Cooking/baking, playing sports, reading, and shopping



Quanisha Whittfield

Hometown: Houston, Texas

Degree(s) and last school attended:

BA in Psychology from Baylor University
MA in Counseling from Sam Houston State University

Cluster: Minority Wellness

Advisor: Dr. Jones

Fun Fact: I'm a certified yoga instructor



From your '22-'23 Student Reps

By Sabrina Zuniga & Dafina Chisolm-Salau

Hello & greetings from your 2022-2023 student reps!

First, we want to thank previous student representatives and all students who have helped lay the foundation for where we are today. While we always have room for growth, you inspired us with your constant dedication and care for the students, our education, and our overall well-being.

We are continually inspired by our upper years, cohort members, and incoming 1st years by their unique specialties, identities, experiences, and personalities. Truly, the students are the fire of this program, and we as student representatives hope to encourage your continual individual and collective growth. Given that, please never hesitate to reach out, and we will do the best we can within our power to stand with you.

This semester, we welcomed a new, fun, & extremely intelligent 1st year cohort at our welcome party! We are so thankful to our program GSAs, previous student reps, and all other students and faculty who helped host an enjoyable welcome party. It's too bad Dr. Wang did not let us dance for too long at the end.

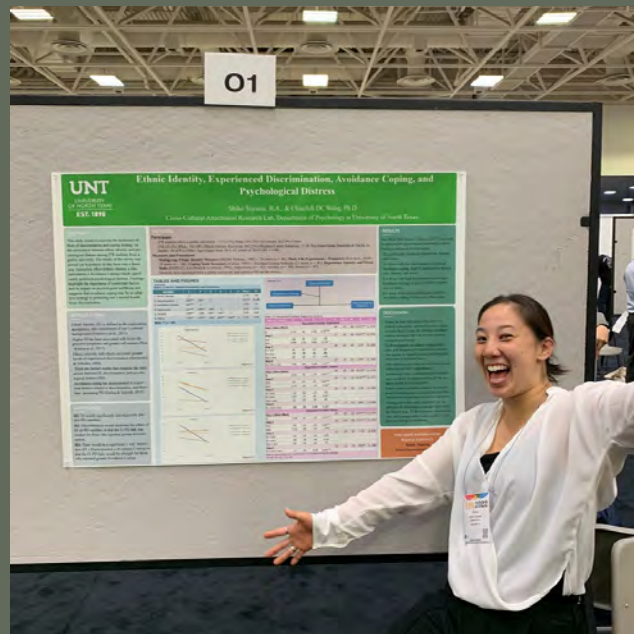
Currently, we are navigating how to support students as almost everything is back in person. We are planning to host town hall meeting(s) in person for the first time since before the pandemic! We're hoping to keep some virtual options to include our students who have moved beyond these Denton city-limits while also hosting more in-person events to promote more community building.

To our fellow students, please know that you bring so much to the table. This program is long...and hard. If we continue to work together, we can get through it together and grow together. To alumni, you are our hope that getting through this program is possible, and we thank you for the work you have done to make this process smoother for us. We will do our best to continue growing with our current students and to lay a foundation for those who will come after us!



Editors' Column: A Note from your GSAs

By Macey Arnold and Shiho Toyama



As your program GSAs, we'd like to reiterate the huge welcome to our new UNT family members: Dr. Anderton Chavez, Dr. Hogge, and all the first years! We hope that you had a smooth transition into the school semester and have begun to find your everyday flow both on and off campus. We are so excited to have each and every one of you be a part of this family, as you all bring new insight, perspective, expertise, and personality to our continuously growing family.

Our program has been making strong efforts to create new experiences that will aid in both our professional and personal development. We encourage you all to take advantage of the many events we have planned for this semester, including but not limited to the social justice and community engagement series, program social events, and hopefully some happy hours! As always, please feel free to reach out if any of you have suggestions on how to maximize our learning and playtime we have in our program! We would love to incorporate more ways to lean into playtime while maintaining balance with our work with research and clinical practice.

As we move through the most hectic and spooky month of the fall semester, we hope that you all have been able to find some time to rejuvenate your energies in whatever way works best for you. We look forward to hearing and sharing more of the exciting things our family members have been up to in the spring semester. Stay tuned!