A green light to greatness.

UNT
UNIVERSITY OF NORTH TEXAS™
What Can I Do with a Degree in Psychology or Sociology?

The Career Center
&
The College of Arts and Sciences
Develop an Action Plan

What made you choose psychology/sociology?
Where do you want to be after graduation?
Where do you envision yourself working?
What skills are needed and when do you need to develop them?
What experiences would be helpful or necessary?
How much time you can commit to developing your skills?

**YOUR MAJOR DOES NOT DEFINE YOUR CAREER**
The Question Is…

Ask not what you can do with your major but, What do YOU want to do with your major?
Direct Care

<table>
<thead>
<tr>
<th>Bachelors Level Options</th>
<th>Master’s/Doctoral Level</th>
</tr>
</thead>
<tbody>
<tr>
<td>Qualified Mental Health Professional</td>
<td>Psychologist</td>
</tr>
<tr>
<td>Screening Interventionist</td>
<td>Counselor</td>
</tr>
<tr>
<td>Early Interventionist</td>
<td>Social Worker</td>
</tr>
<tr>
<td>CPS Investigator</td>
<td>Behavior Analyst</td>
</tr>
<tr>
<td>Case Coordinator</td>
<td>Marriage and Family</td>
</tr>
<tr>
<td>Crisis Worker</td>
<td>Substance Abuse</td>
</tr>
<tr>
<td>Rehabilitation Specialist</td>
<td>Clinical Psychologist</td>
</tr>
<tr>
<td>(Juvenile) Probation officer</td>
<td>Correctional Psych/Coun</td>
</tr>
<tr>
<td>Psychometrist- psychological testing</td>
<td>School Counselor/Psychologist</td>
</tr>
<tr>
<td></td>
<td>Play Therapist</td>
</tr>
<tr>
<td></td>
<td>Art/Music/Movement Therapist</td>
</tr>
</tbody>
</table>

**Things to Consider:**

- Age
- Population
- Environment
- How you prefer to help others
Careers in Business

Industrial/Organizational Psychologist

Human Resources
• Recruiter
• Training and development
• Employee Relations

Marketing
• Market Research
• Marketing Sales
• Entertainment Marketing
• Brand Management
• Social Media Marketing

Management Trainee

Communications Specialist
Sales Representative
• Inside Sales

Operations Manager

Public Relations

Customer Service
Research Careers

Universities, Government offices, Private corporations

<table>
<thead>
<tr>
<th>Common Bachelors Degree Job Titles</th>
<th>Job Roles with Graduate Degrees</th>
</tr>
</thead>
<tbody>
<tr>
<td>Research Assistant</td>
<td>Social Psychologist</td>
</tr>
<tr>
<td>Research Study Coordinator</td>
<td>Research Psychologist</td>
</tr>
<tr>
<td>Research Analyst</td>
<td>Litigation Consultant</td>
</tr>
<tr>
<td>Project Assistant</td>
<td>Conservation Psychologist</td>
</tr>
</tbody>
</table>
Health Care

Practitioner Roles
Occupational Therapist
Physical Therapist
Physician
Physician Assistant
Psychiatrist

Public Health
Community Health Worker
Environmental and Occupational Health Scientist
Maternal and Child Health
Healthcare Management and Policy
Health Care Administration

Helping Roles
Child Life Specialist
Medical Social Worker
Genetic Counselor
Patient Care Liaison

Research
Neurology
Pharmacology
Psychophysiology
Education

Teaching Elementary or Secondary School

Higher Education:
• Professor
• Advising
• Financial Aid
• Admissions
• Career Services
• Orientation and Transitions
• Multicultural Affairs
• Residence Life
## Non-Profit

<table>
<thead>
<tr>
<th>Types of Organizations</th>
<th>Entry Level Positions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mental Health</td>
<td>Volunteer Manager</td>
</tr>
<tr>
<td>Education</td>
<td>Outreach Specialist</td>
</tr>
<tr>
<td>Physical Health</td>
<td>Fundraising Coordinator</td>
</tr>
<tr>
<td>Culture and the Arts</td>
<td>Service Coordinator</td>
</tr>
<tr>
<td>International</td>
<td>Special Events Coordinator</td>
</tr>
</tbody>
</table>

![Non-Profit Organizations Logos](image_url)
How can you choose?

Know yourself

Understand what your career deal breakers are (values)
Identify what work environments fit your personality
Learn what you’re good at, what you’re not and what you can realistically improve

Know your employers

Learn more about the specifics of possible jobs (O*NET, OOH)
Learn what it takes to get hired and to succeed (Informational Interviews, Job Posts)
Gain the required education, skills and experience (Classes, Internships, Research, Part-time work)
Career Exploration Resources

1. Grow your Knowledge of Career Options

What careers exist in your field
Learn career specifics (tasks, requirements, pay)
Find out who offers job opportunities

2. Speak With Professionals in the Field

In person and online options

3. Address Skill Gaps

Education (degree, classes, certificates)
Research
Internships
Volunteer opportunities
Student Organizations
Top 10 Skills Employers Seek

1. Ability to make decisions and solve problems
2. Ability to work in a team structure
3. Ability to verbally communicate with persons inside and outside the organization
4. Ability to obtain and process information
5. Ability to plan, organize, and prioritize work
6. Ability to analyze quantitative data
7. Technical knowledge related to the job
8. Proficiency with computer software programs
9. Ability to create and/or edit written reports
10. Ability to sell or influence others

Source: Job Outlook 2014, National Association of Colleges and Employers
Available Career Assessments

Online Career Center Assessments
• MyPlan

Counseling & Testing Assessments
• Strong Interest Inventory
• Myers-Briggs Type Indicator (MBTI)
Questions?

Career Center
Chestnut Hall, Suite 103
940-565-1205
http://careercenter.unt.edu
Follow your Career Advisor on Twitter
@CASCareersUNT

Like us on Facebook
http://www.facebook.com/UNTCareerCenter

Connect with us on LinkedIn
UNT Career Center Students, Alumni, and Employers Group

Login to the Eagle Network
http://my.unt.edu

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