



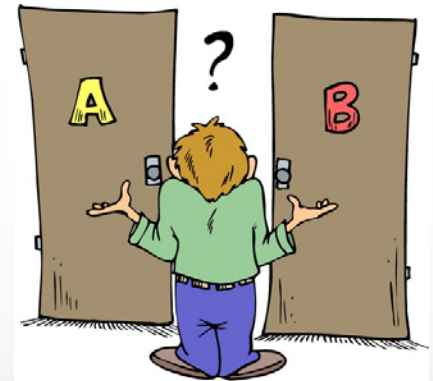
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UNT®

UNIVERSITY
OF NORTH TEXAS™

What Can I Do with a Degree in Psychology or Sociology?

The Career Center
&
The College of Arts and Sciences



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Develop an Action Plan



What made you choose psychology/sociology?
Where do you want to be after graduation?
Where do you envision yourself working?
What skills are needed and when do you need to develop them?
What experiences would be helpful or necessary?
How much time you can commit to developing your skills?

****YOUR MAJOR DOES NOT DEFINE YOUR CAREER****

The Question Is...

Ask not what you can do with your major but,
What do **YOU** want to do with your major?



Direct Care

Bachelors Level Options

Qualified Mental Health Professional
Screening Interventionist
Early Interventionist
CPS Investigator
Case Coordinator
Crisis Worker
Rehabilitation Specialist
(Juvenile) Probation officer
Psychometrist- psychological testing

Things to Consider:

Age
Population
Environment
How you prefer to help others

Master's/Doctoral Level

Psychologist
Counselor
Social Worker
Behavior Analyst
Marriage and Family
Substance Abuse
Clinical Psychologist
Correctional Psych/Coun
School Counselor/Psychologist
Play Therapist
Art/Music/Movement Therapist

Careers in Business

Industrial/Organizational
Psychologist

Human Resources

- Recruiter
- Training and development
- Employee Relations

Marketing

- Market Research
- Marketing Sales
- Entertainment Marketing
- Brand Management
- Social Media Marketing

Management Trainee

Communications Specialist

Sales Representative

- Inside Sales

Operations Manager

Public Relations

Customer Service

Research Careers

Universities, Government offices, Private corporations

Common Bachelors Degree Job Titles

Research Assistant

Research Study Coordinator

Research Analyst

Project Assistant

Job Roles with Graduate Degrees

Social Psychologist

Research Psychologist

Litigation Consultant

Conservation Psychologist

Health Care

Practitioner Roles

Occupational Therapist
Physical Therapist
Physician
Physician Assistant
Psychiatrist

Public Health

Community Health Worker
Environmental and Occupational
Health Scientist
Maternal and Child Health
Healthcare Management and
Policy
Health Care Administration

Helping Roles

Child Life Specialist
Medical Social Worker
Genetic Counselor
Patient Care Liaison

Research

Neurology
Pharmacology
Psychophysiology

Education

Teaching Elementary or Secondary School

Higher Education:

- Professor
- Advising
- Financial Aid
- Admissions
- Career Services
- Orientation and Transitions
- Multicultural Affairs
- Residence Life



Non-Profit

Types of Organizations

Mental Health
Education
Physical Health
Culture and the Arts
International

Entry Level Positions

Volunteer Manager
Outreach Specialist
Fundraising Coordinator
Service Coordinator
Special Events Coordinator



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How can you choose?



Know yourself

Understand what your career deal breakers are (values)

Identify what work environments fit your personality

Learn what you're good at, what you're not and what you can realistically improve

Know your employers

Learn more about the specifics of possible jobs (O*NET, OOH)

Learn what it takes to get hired and to succeed ([Informational Interviews](#), Job Posts)

Gain the required education, skills and experience (Classes, Internships, Research, Part-time work)

Career Exploration Resources

1. Grow your Knowledge of Career Options

[What careers exist in your field](#)

[Learn career specifics](#) (tasks, requirements, pay)

[Find out who offers job opportunities](#)

2. Speak With Professionals in the Field

[In person and online options](#)

3. Address Skill Gaps

Education (degree, classes, certificates)

Research

Internships

Volunteer opportunities

Student Organizations

Top 10 Skills Employers Seek

1. Ability to make decisions and solve problems
2. Ability to work in a team structure
3. Ability to verbally communicate with persons inside and outside the organization
4. Ability to obtain and process information
5. Ability to plan, organize, and prioritize work
6. Ability to analyze quantitative data
7. Technical knowledge related to the job
8. Proficiency with computer software programs
9. Ability to create and/or edit written reports
10. Ability to sell or influence others

Source: *Job Outlook 2014*, National Association of Colleges and Employers

Available Career Assessments

Online Career Center Assessments

- MyPlan

Counseling & Testing Assessments

- Strong Interest Inventory
- Myers-Briggs Type Indicator (MBTI)



Questions?



Career Center
Chestnut Hall, Suite 103
940-565-1205
<http://careercenter.unt.edu>

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