Emma A. Kannard

Curriculum Vitae

EMMAKANNARD@MY.UNTDALLAS.EDU

Education

BA in Psychology, Aug. 2016 – Dec. 2019

University of North Texas, Denton, Texas

Bachelor of Arts in Psychology with a minor in Counseling and a minor in Spanish

3.846 Cumulative GPA, 4.0 Psychology GPA, 4.0 Counseling GPA

Honors and Awards

Dean's List (Honor Roll 3.5 GPA and above)

Fall 2016, Spring 2017, Fall 2017

President's List (Honor Roll 4.0 GPA)

Spring 2018, Fall 2018, Spring 2019

UNT Excellence Scholarship, University of North Texas, 2017-18 ($5,000)

Summer UNT Tuition Grant, University of North Texas, 2017

UNT Scholarship for Continuing Students, University of North Texas, 2018-19 ($1,000)

Voertman-Ardoin Scholarship in Liberal Arts, University of North Texas, 2019 ($2,000)

Research Experience

Research Assistant, October 2018 – Present

Laboratory: Teen Stress and Alcohol Research (St.A.R.) Laboratory

Director: Heidemarie Blumenthal, Ph.D., University of North Texas, Denton, Texas

Responsibilities: Assist in conducting two studies concerning social anxiety, alcohol use, marijuana use, post-traumatic stress disorder, adolescent development, and emerging adulthood:

- Run participants for a 3-hour study including participant assent and parent consent, conducting a Cyberball rejection task and the International Affective Picture System, and obtaining salivary samples

- Run participants for a 3.5-hour study including participant consent, conducting a medical screener, an alcohol administration procedure, a simulated driving task, and a re-imagining of a recorded autobiographic script form of neutral or traumatic events
- Conduct telephone screenings with community participants involving sensitive information (e.g., SCID-5 for recent major depressive episodes/lifetime alcohol use disorder; recent substance use history; trauma history) and schedule for laboratory visits.
- Train new members on procedures
- Complete pilot tests of studies to identify timing and potential problems

Recruitment Team Member, October 2018 – Present

Laboratory: Teen Stress and Alcohol Research (St.A.R.) Laboratory

Director: Heidemarie Blumenthal, Ph.D., University of North Texas, Denton, Texas

- Advertise studies in local businesses on a weekly basis (e.g. leaving fliers)
- Participate in events each month to recruit participants
- Contribute to databases of potential places and events from which to recruit adolescent and adult participants
- Train new members on recruitment procedures

Data Team Member, November 2018 – Present

Laboratory: Teen Stress and Alcohol Research (St.A.R.) Laboratory

Director: Heidemarie Blumenthal, Ph.D., University of North Texas, Denton, Texas

- Enter participant data for three studies (SPSS)
- Enter recruitment data for two adolescent studies and one adult study (SPSS)
- Pre-process physiological data (BIOPAC) and import it into SPSS for analyses

Transcription Team Member, November 2018 – Present

Laboratory: Teen Stress and Alcohol Research (St.A.R.) Laboratory

Director: Heidemarie Blumenthal, Ph.D., University of North Texas, Denton, Texas

- Transcribe recordings of confidential information from adolescent participants regarding opinions on substance use and certain social situations obtained during laboratory-based studies into word documents
- Peer review and edit completed transcriptions

Social Media Coordinator, December 2018 – May 2019

Laboratory: Teen Stress and Alcohol Research (St.A.R.) Laboratory

Director: Heidemarie Blumenthal, Ph.D., University of North Texas, Denton, Texas

- Maintain an active social media presence on multiple media platforms (e.g. Instagram, Twitter and Facebook)
- Keep the community updated on current laboratory-based research opportunities

- Share research-based information on mental health and substance use
- Community engagement and interaction with followers

Recruitment Team Lead Event Coordinator, May 2019 – Present

Laboratory: Teen Stress and Alcohol Research (St.A.R.) Laboratory

Director: Heidemarie Blumenthal, Ph.D., University of North Texas, Denton, Texas

- Organize and participate in community events and activities to recruit difficult to reach adolescents (e.g. marijuana and alcohol use reporting) and adults for laboratory-based studies
- Coordinate and lead a 10-12 person team in weekly meetings and collaboration to schedule recruitment events and create new recruitment approaches (e.g. increasing focus on schools to reach adolescents, organizing presentations at events)
- Maintain databases and spreadsheets on recruitment activities completed by team members
- Contact companies, schools and community leaders to organize recruiting events
- Coordinate and lead trainings for new members on recruitment procedures
- Design and coordinate purchases of marketing materials for recruitment
- Assess effectiveness of recruitment events and recruitment team members and work with the data team to design better approaches to tracking recruitment data
- Create materials to advertise the laboratory and current studies
- Organize and coordinate with community engagement events that promote mental health [e.g. National Eating Disorder Association (NEDA), Mental Health Awareness Week (MHAW)]

Assessment Experience

The Mini International Neuropsychiatric Interview (M.I.N.I) for adult participants

- Major Depressive Disorder
- Panic Disorder
- Agoraphobia
- Social Anxiety Disorder (Social Phobia)
- Generalized Anxiety Disorder
- Alcohol Use Disorder
- Substance Use Disorder

The Structured Clinical Interview for DSM-V (SCID-5-RV) for adolescent participants

- Major Depressive Disorder
- Panic Disorder
- Specific Phobia

- Social Anxiety Disorder
- Generalized Anxiety Disorder
- Alcohol Use Disorder
- Substance Use Disorder (Cannabis)

Timeline Followback (TLFB) for alcohol and cannabis use among adolescent participants

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Extracurricular Activities

Psi Chi Member, Psi Chi International Honors Society in Psychology, University of North Texas, 2018-Present

- Membership involves meeting Psychology coursework and GPA criteria, attending bi-weekly meetings and participating in volunteer and community events.

President of Psi Chi International Honors Society in Psychology, University of North Texas, April 2019 – Present

- Lead and organize bi-weekly meetings for members of the organization to engage in discussion about and learn about topics within the field of Psychology
- Contact local figures to serve as guest speakers at meetings
- Ensure incoming members meet all eligibility requirements for induction (e.g. coursework and GPA requirements, meeting attendance, etc.)
- Hold inductions for incoming members

Volunteer, Denton County Friends of the Family, Denton, TX, Aug. 2018 - Present

- Provide services and advocate for women who are victims of domestic violence or sexual assault
- Help organize events at outreach center
- Provide childcare at the local shelter

Volunteer, United Way VITA Clinic, Denton, TX, Jan. 2019 – April 2019

- Bilingual (Spanish/English) translator: supported United Way of Denton County Financial Services Staff and Spanish-speaking clients in the exchange and processing of personal and financial information necessary to complete IRS Tax Return Documentation
- Intercultural Communication Facilitator: leadership role in facilitating culturally responsive communication between United Way staff and clients of diverse backgrounds and cultural heritage

Cultural Competency Workshop, Habitat for Humanity of Denton County, April 2019

- Developed and conducted an interactive workshop on cultural competency for Habitat for Humanity Staff

Skills

- Spanish - Advanced
- Proficient with SPSS and data entry
- Organization
- Time Management
- Leadership
- Collaboration

Relevant Coursework

Advanced Psychology

- General Psychology I & II
- Developmental Psychology
- History and Systems
- Social Psychology
- Personality
- Sexual Behavior
- Abnormal Psychology
- Introduction to Perception and Cognition (In Progress)

Statistics and Research Methods

- Elementary Probability and Statistics
- Quantitative Methods
- Experimental Methods

Counseling

- Principles of Counseling I & II
- Diversity and Cultural Awareness
- Group Processes in Helping Relationships
- Interpersonal Skills in Helping Relationships
- Microcounseling
- Therapeutic Play (In Progress)

Advanced Spanish

- Advanced Spanish Grammar
- Spanish for Social Services
- Conversation for Non-Native Speakers (In Progress)