

# JAKE W. HANES

Email: jakehanes@my.unt.edu

## EDUCATION

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Bachelor of Science in Psychology with a minor in Statistics May 2018  
University of New Mexico  
Albuquerque, New Mexico  
4.09 GPA, *Summa Cum Laude*

## MEMBERSHIPS

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<b>Psi Chi Honors Society</b>	2020 to Present
<b>Association for Behavioral and Cognitive Therapies</b>	2019 to Present
<b>Research Society on Marijuana</b>	2018 to Present
<b>American Psychological Association Division 50</b>	2018 to Present
<b>Phi Kappa Phi Honor Society</b>	2017 to Present

## RESEARCH EXPERIENCE

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**Graduate Research Assistant** Aug 2019 to Present  
**Teen St.A.R. Lab**, University of North Texas, Denton, TX  
Advisor: Dr. Heidemarie Blumenthal

- Trained as lab coordinator responsible for organizing training and lab activities of 20+ person team comprised of undergraduates, post-bacs, staff, and graduate students.
- Coordinated transition to virtual operations during the COVID-19 crisis, with a focus on well-being of lab members, encouraging staff retention, and continuing training.
- Collaborated on multiple posters with team members in order to promote research and foster skill and professional development of supervised researchers.
- Assisted in participant protocols for projects sponsored by R15 and F31 grants, involving adolescents and adults respectively.
- Facilitated alcohol consumption and trauma induction in a PTSD-symptomatic sample.
- Utilized the Structured Clinical Interview (SCID) and the Mini International Neuropsychiatric Interview (MINI) to assess participating adolescents' and parents' mental health.
- Engaged in recruitment activities within the local community and via lab email and phone directories.

**Research Assistant**

Sep 2017 to July 2019

**Mutual Help Group Research, CASAA, Albuquerque, NM**

Advisors: A.J. O'Sickey &amp; Dr. Scott Tonigan

- Collaborated on a secondary analysis investigating the relationship between perceived social dynamics to sponsorship acquisition in Alcoholics Anonymous (AA).
- Contributed to manuscript preparation and presented project poster at the Research Society on Alcoholism's annual meeting.
- Engaged in developing projects including investigating experiences of sexual harassment and validating Ecological Momentary Assessment in AA.

**Research Assistant**

May 2017 to Nov 2018

**MBRP/tDCS Lab, CASAA, Albuquerque, NM**

Advisor: Dr. Katie Witkiewitz

- Worked in a lab of approximately ten people on an R21 study examining Mindfulness-Based Relapse Prevention (MBRP) in combination with transcranial direct current stimulation (tDCS) for alcohol use disorder.
- Assisted in participant intake for weekly groups involving Clinical Institute Assessment for Alcohol (CIWA), blood alcohol content testing, and tDCS setup, breakdown, and monitoring.
- Investigated correlates of participants' group attendance and presented subsequent posters at the University of New Mexico's Psychology Research Day and the Research Society on Marijuana's annual meeting.
- Completed tasks including phone screens, data entry, managing consent and locator forms, and assisting in clinical and electroencephalogram (EEG) assessments.
- Engaged in community recruitment, recognized as the most effective recruiter in the lab twice.
- Conducted literature review on psychiatric applications of tDCS.

**Research Assistant**

Dec 2016 to May 2017

**Creativity and Video Games Lab, UNM, Albuquerque, NM**

Advisors: Dr. Eric Kruger &amp; Dr. Jacob Vigil

- Assisted with running participants in concluding study involving an experimental pain task and a behavioral risk task.
- Coded surveys and evaluated a risk and creativity computerized cognitive task for bugs and efficient user experience.

**PUBLICATIONS**

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**Hanes, J.W.**, Kearns, N.T., Ramadan, B., Blumenthal H., (2020). Unexpected reductions in alcohol craving following a PTSD relevant stressor. Manuscript in preparation.

O'Sickey, A.J., **Hanes, J.W.**, Tonigan, J.S., (2019). Unity in recovery: The relationship between perceptions of group cohesion and sponsorship acquisition in Alcoholics Anonymous.

## POSTERS, PRESENTATIONS, AND PUBLISHED ABSTRACTS

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- Hanes, J.W.**, Kearns, N.T., Lucke, H.R., Kannard, E.A., Cloutier, R.M., Blumenthal, H. (2020, June). *The effects of coping-style on alcohol craving post PTSD-relevant stress induction*. Poster to be presented at the virtual Research Society on Alcoholism 2020 meeting.
- Lucke, H.R., **Hanes, J.W.**, Guillot, C.R., Hammersley, J.J., Mathes E.W., Harbke, C.R. (2020, June). *Emotional dysregulation and coping motives in college alcohol and marijuana users*. Poster accepted to the Research Society on Alcoholism. (conference canceled)
- Fasish, M., Rafiuddin H., Cloutier, R.M., **Hanes, J.W.**, Bocanegra, A., Blumenthal, H. (2020, April). *Intergenerational transmission of substance use: The roles of income and race*. Accepted as a talk at the Southwestern Psychological Association, Frisco, TX, United States. (conference canceled)
- Kannard E.A., Ramadan B., Hinojos A., Lee C., **Hanes, J.W.**, Blumenthal H. (2020, April). *Perceptions of interpersonal relationships and the correlation to adolescent female social anxiety*. Accepted as a talk at the Southwestern Psychological Association (conference canceled).
- Hanes, J.W.**, O'Sickey, A.J., Pearson, M.R., Tonigan, J.S. (2019, November). *A closer look at spirituality in Alcoholics Anonymous with ecological momentary assessment: A pilot study*. Poster presented at the Spirituality and Religious Behaviors special interest group at the annual meeting for the Association of Behavioral and Cognitive Therapies, Atlanta, GA.
- Votaw, V. R., **Hanes, J.**, Stein, E. R., & Witkiewitz, K. (2019, July). *Cannabis use among adults seeking treatment for drinking reduction*. *Alcoholism: Clinical and Experimental Research*, 43(S1), 130A.
- Hanes, J.W.**, Lynch, J., Votaw, V., Stein, E., O'Sickey, A.J., Witkiewitz, K. (2018, July). *Cannabis use and participation in mindfulness-based relapse prevention among adults with alcohol use disorder*. Poster presented at the Research Society on Marijuana, Fort Collins, CO.
- O'Sickey, A.J., **Hanes, J.**, Tonigan, J.S. (2018, June). *Exploring changes in perceived group dynamics and their contribution to sponsor acquisition in Alcoholics Anonymous*. Poster presented at the annual meeting of the Research Society on Alcoholism, San Diego, CA.
- Hanes, J.W.**, Lynch, J., Votaw, V., Stein, E., O'Sickey, A.J., Witkiewitz, K. (2018, April). *Cannabis use and participation in mindfulness-based relapse prevention among adults with alcohol use disorder*. Poster presented at the University of New Mexico Psychology Research Day, Albuquerque, NM.

Stein, E., Votaw, V.,...**Hanes, J.**, Witkiewitz, K. (March, 2018). *Mindfulness and transcranial direct current stimulation for alcohol use disorder: Feasibility and outcomes*. Poster presented at the annual meeting of the Collaborative Perspectives on Addiction, Tampa Bay, FL.

## **ACADEMIC JOURNAL REVIEWS**

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- Translational Issues in Psychological Science
- Addiction Research & Theory (co-review)
- Psychological Trauma: Theory, Research, Practice, and Policy (co-review)

## **TEACHING EXPERIENCE**

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**Graduate Teaching Fellow** Jan 2021 to May 2021

Course: **Psychology of Personalities, University of North Texas**  
Denton, TX

- Assigned to teach live-lectures over zoom and create course content including in-class activities, projects, and exams during the COVID-19 crisis emphasizing student success and accommodation for approximately 100 students.

**Graduate Teaching Fellow** Aug 2020 to Dec 2020

Course: **Experimental Methods in Psychology, University of North Texas**  
Denton, TX

- Held twice per week live-lectures over zoom and created course content including the administration and grading of essay-based exams during the COVID-19 crisis emphasizing student success and accommodation for approximately 150 students.

**Graduate Teacher's Assistant** Jan 2020 to May 2020

Course: **Intro to Psychology, University of North Texas**  
Instructor: Dr. Adriel Boals  
Denton, TX

- Assisted in-class lectures and exams, graded papers, managed gradebook, and moderated zoom lectures after COVID-19 related transition to online course work.

**Graduate Teacher's Assistant** Aug 2019 to Dec 2019

Course: **Psychology of Personalities, University of North Texas**  
Instructor: Gabby Gaskin-Cole  
Denton, TX

- Presented five in-class lectures, created assignments, moderated exams, and graded papers.

**Undergraduate Teacher's Assistant** Aug 2017 to Dec 2017

Course: **Psychology of Personalities, University of New Mexico**

Instructor: Steven S. Alley

Albuquerque, NM

- Moderated class and online forum discussions, graded journal posts making up 20% of students' grades, provided student feedback, and presented an in-class lecture.

**Head Debate Coach** Jan 2012 to June 2012

**The Early College Academy**

Albuquerque, NM

- Coached high-school debate practice modeling arguments, running drills, and leading discussions on current debate topics.
- Attended local and regional competitions with team providing supervision and coordinating transportation and lodging.
- Acted as liaison to school administration.

**Assistant Debate Coach** May 2010 to May 2011

**The Albuquerque Academy**

Albuquerque, NM

- Worked in debate summer training clinic for middle and high schoolers.
- Provided long-distance services as a case writer, researcher, and strategist.
- Attended national debate competitions to provide inter-tournament coaching for national tournament circuit debaters.

**Volunteer Tutor** Aug 2008 to May 2009

**Desert Ridge Middle School**

Albuquerque, NM

- Tutored middle school students in math helping them with homework and reviewing for tests.

## **WORK EXPERIENCE**

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**Shadow Mountain Recovery** Feb 2018 to May 2019

**Licensed Substance Abuse Associate (LSAA)**

**Clinical Case-Manager, full-time**

Inpatient Detox and Residential Treatment Facility, Albuquerque, NM

- Help clients navigate crisis and process intentions to leave treatment against medical advice (AMA) using reflective listening, functional analysis, and mindfulness skills.
- Facilitate twice a week Mindfulness and Holistic Approach groups based upon a Mindfulness-Based Relapse Prevention curriculum and supervised by Dr. Camille Cisneroz.
- Provide case management services completing FMLA and short-term disability paperwork; communicating with clients' lawyers, courts, and families; planning aftercare in terms of enrolling clients in intensive outpatient programs, scheduling initial or follow-up appointments with individual counselors and primary care

physicians, and taking clients on tours of sober livings or other facilities to acquire services that best meet client need.

- Manage client records facilitating services while ensuring HIPAA compliance.
- Perform the following assessments and compile results into comprehensive psychological reports interpreting results and editing for pertinence (under supervision and training of Dr. Camille Cisneroz): Weschler Abbreviated Scale of Intelligence (WASI), Personality Assessment Inventory (PAI), Addiction Severity Index (ASI), Beck's Depression Inventory-II (BDI-II), and Beck's Anxiety Inventory (BAI).

**ViewPoint Rehabilitation Center**

Nov 2017 to Feb 2018

**Residential Advisor**, full-time

Inpatient Detox and Residential Treatment Facility, Rio Rancho, NM

- Conducted new client intakes explaining client rights' and responsibilities' and orienting clients to program.
- Assessed detox progress with Clinical Opiate Withdrawal Scale (COWs) and Clinical Institute Withdrawal Assessment for Alcohol (CIWA) and reported to off-site medical staff regarding symptoms and other medical concerns.
- Facilitated process and guided meditation groups.

**Lowe's Home Improvement**

Jan 2015 to Sep 2017

**Cash-Office Administrator**, part-time (*Aug 2016-Sep 2017*)

- Created daily record of store business compiling various reports of revenue and costs, prepared tills for start of business, performed cash pickups and drops as needed, conducted investigations to research loss and theft, maintained safe-balance, and facilitated armored car change drop-offs and large bill pick-ups.

**Customer Service Associate**, full-time (*Jan 2015-July 2016*)

- Managed product using various power equipment to stock concrete, lumber, roofing, drywall, and other building materials.

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**COMMUNITY SERVICE**

**Agora Crisis Center**

Sep 2017 to Present

Albuquerque, NM, (200+ hours)

- Answer phones on National Suicide Prevention Lifeline (NSPL) facility to assist callers with varied suicidality and other issues.
- Receive advanced training on reflective listening, assessing suicidality, and sending rescue in cases of imminent suicide risk or suicide in progress.
- Provide referrals to services based on caller requests.
- Create call log reports ensuring quality of service.
- Attend seminars on communicating with vulnerable populations such as LGBT+, veterans, and victims of domestic violence or sexual assault.

**Anna Kaseman Behavioral Health**

Dec 2015 to June 2017

Albuquerque, NM (40+ hours)

- Facilitated groups with residents of an involuntary psychiatric ward providing information on local services.
- Coordinated other volunteers to provide semi-weekly groups.

**St. Balderick's Foundation**

Oct 2009 to Feb 2010

Albuquerque, NM (200+ hours)

- Organized a fundraiser for pediatric cancer research and treatment, designed and sold merchandise, and participated in a head-shaving event at a local high-school involving more than fifty volunteers.

**State Officer of Community Service**

May 2009 to May 2010

Albuquerque, NM (100+ hours)

- Fulfilled the State of New Mexico's Officer of Community Service in the Distributive Education Clubs of American (DECA), 2000+ plus members state-wide, organizing ten fundraising events benefiting the Muscular Dystrophy Association.

**Habitat for Humanity**

May 2008 to Aug 2008

Albuquerque, NM (20+ hours)

- Volunteered in local ReStore location processing, stocking, and selling donations whose proceeds funded housing developments for deserving families.

**SKILLS AND TRAINING**

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**Research:**

- Data management, analysis, and graphing: **SPSS, R**
- Data Entry: **COINs**
- Construction of web-based surveys: **Opinion, Qualtrics**
- Brain stimulation equipment: **tDCS**
- Experimental pain tasks: **cold pressor task**
- Laboratory Alcohol Administration

**Clinical:**

- Administration of psychological assessment tools: **Wechsler Abbreviated Scale of Intelligence (WASI), Personality Assessment Inventory (PAI), Beck's Depression Inventory (BDI-II), Beck's Anxiety Inventory (BAI), Structured Clinical Interview (SCID), Mini International Neuropsychiatric Interview (MINI)**: administrations among individuals with co-occurring mental health and substance use disorders as well as adolescent and parent research participants
- Guided mediation: **Mindful Check-in, Mountain Meditation, Walking Meditation, Mindful Eating Exercise**: administrations among individuals with co-occurring mental health and substance use disorders
- Physiological data collection and monitoring: **collection and testing of urine and breath samples** (urine drug screens, blood alcohol content breathalyzer)

- Trained to administer the **Suicide Assessment Five-step Evaluation and Triage (SAFE-T)**: administrations with anonymous callers of the Agora crisis line and the National Suicide Prevention Lifeline (NSPL)
- Trained to reliably administer the **Clinical Institute Withdrawal Assessment for Alcohol (CIWA)**: 100+ administrations in both research and clinical settings
- Trained to reliably administer the **Clinical Opiate Withdrawal Scale (COWs)**: 30+ administrations among clients of an inpatient treatment facility
- Trained to assist in the administration of medications, **Certified Medication Aide**: 200+ administrations among clients of an inpatient treatment facility
- Trained in client seizure procedure protocol, in both research and clinical settings: **successfully applying training in three emergency situations in a clinical setting.**