

Amber Ledesma

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EDUCATION

University of North Texas, Denton, Texas — *B.A. Psychology*

August 2018 - May 2021

GPA: 3.93

Summa Cum Laude

RESEARCH EXPERIENCE

Teen ST.A.R Laboratory — *Research Assistant and Recruitment Co-Lead*

May 2021 - PRESENT

Studies:

- A Controlled Test of Interpersonal Rejection, Social Anxiety, and Alcohol Use among Female Adolescents (NIH-Funded; R15AA026079), Summer 2021–Present

Responsibilities:

- Call, screen, and schedule adolescent participants recruited from the Dallas/Fort Worth community. Actively screen participants based on DSM-5 criteria for substance use, major depression, and social anxiety disorder.
- Participate in recruitment activities to contact a hard-to-reach adolescent sample (e.g., substance-using teens) through community flyering, social media, and in-person events.
- Enter quantitative and qualitative data into respective databases (e.g., Word, Excel, SPSS).
- Interact with participants during laboratory studies; e.g. collect informed consent and assent, give task instructions, collect saliva samples, observe clinical interviews, and administer debrief.
- Collaborate with graduate research assistants to redesign, coordinate, and lead mass training sessions for an experimental study for 15 research assistants.
- Conducted reliability checks for audio recordings of the SCID-5-RV

Leadership Responsibilities

- Oversee and coordinate the training of new research assistants with call scripts and the screeners using DSM-V materials
- Oversee the cataloging of information gained through interactions with participants

- Collaborate with the Data Team Lead to ensure information collected from phone calls is accurate for data entry.
- Maintain the website of the lab to ensure study information is up to date
- Oversee the official email of the laboratory and correspond with participants regarding study inquiries, interest forms, and instructions regarding lab visits
- Coordinating scheduling of 16 research assistants shifts to call participants and ensure accuracy of records of interactions

SKILLS AND SOFTWARE EXPERIENCE

- Microsoft Word
- Microsoft Excel
- SPSS
- Qualtrics
- Risk Management Training Required for Direct Contact with Biological Data
 - Laboratory Waste Training
 - Blood borne Pathogen Safety Training Program
 - Biosafety Level Two Safety Training Program
- National Institute of Health
- Protecting Human Research Participants
- Collaborative Institutional Training Initiative (CITI)
 - Social and Behavioral Research
 - Responsible Conduct of Research

PSYCHOLOGICAL ASSESSMENT EXPERIENCE

- The Structured Clinical Interview for the DSM-5 (SCID-5-RV)
 - Module F. Anxiety Disorders
 - Module A. Mood Disorders
 - Module E. Substance Use Disorders
- Mini International Neuropsychiatric Interview
- Timeline Followback (TLFB) for past 90-day alcohol and marijuana use

POSTERS AND PRESENTATIONS

Henderson, R. M., Ramadan, B., **Ledesma, A.**, Gentea, F., Hanes, J., & Blumenthal, H. (2022). *Rape Myth Acceptance and Coping Strategies*. Poster submitted for presentation at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York City, NY.

Thompson, L., **Ledesma, A.**, Gentea, F., O'Banon, M., Ramadan, B., & Blumenthal, H. (2022). *Hyperarousal symptoms, sleep quality, and cannabis use coping motives among emerging adults*. Poster submitted for presentation at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York City, NY.

Thompson, L., **Ledesma, A.**, Gentea, F., Jones, C., Hasan, F., & Blumenthal, H. (March 2022). *An examination of insecure attachment and perceived sleep quality among adolescents*. Poster submitted for presentation at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York City, NY.

HONORS

Dean's List presented to students completing no fewer than four whole credit courses in the semester and maintained 3.5 Honor Roll.

Semesters: Fall 2018

President's List, awarded to students who, completing no fewer than four whole credit courses in the semester, received no grade other than an A.

Semesters: Spring 2019, Fall 2019, Spring 2020, Fall 2020, Spring 2021

PROFESSIONAL REFERENCES

Heidemarie Blumenthal, Ph.D.

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Director of Teen St.A.R Laboratory
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University of North Texas
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UNDERGRADUATE WORK IN PSYCHOLOGY

University of North Texas, Denton, Texas

PSYC 1630: *General Psychology*

PSYC 2317: *Quantitative Methods*

PSYC 2480: *Psychosocial Adjustment*

PSYC 2950: *Experimental Methods*

PSYC 3000: *Positive Psychology*

PSYC 3530: Psychology of the Offender

PSYC 3620: *Developmental Psychology*

PSYC 3100: *Social Psychology*

PSYC 3640: Marital Adjustment

PSYC 4000: History and Systems

PSYC 4520: *Personality*