

MIND OVER MATTER

UNT UNDERGRADUATE PSYCHOLOGY NEWSLETTER

FALL 2015

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Department of Psychology
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**Psychology Department
Undergraduate Committee**
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DEPARTMENT OF PSYCHOLOGY
College of Arts & Sciences



WELCOME

LETTER FROM THE CHAIR



Vicki Campbell, Ph.D.

Chair of the Psychology Department

We are glad you chose UNT and made the choice to major in Psychology. The faculty look forward to meeting you and helping you progress through your degree program. I hope you will make use of your instructors' office hours during the semester, as well as the many different resources on campus designed to help you be successful.

Psychology is a large and diverse scientific discipline. The courses we offer give you the opportunity to learn new ways of thinking and gain valuable information about yourself and others. We have over 1,200 majors because the scientific study of emotion, thinking, and behavior is relevant for a broad range of professions. I would encourage you to make use of the Undergraduate Psychology Manual, which you can find on our website (www.psychology.unt.edu). It is full of useful information about the Psychology major at UNT, Psychology as a field of study, job opportunities in Psychology, and information and advice about graduate school.

I also hope that you will get involved with the diverse research going on in the department. Many students are currently involved in faculty research teams, work with faculty members and graduate students, and contribute to the many active research programs in the department. We have a department-wide application process for research teams to help students get involved. Check our website to learn about our faculty research programs and join the department Facebook page. And be sure to check out our active Psi Chi (The International Psychology Honor Society) chapter. I enjoyed meeting our new freshmen during First Flight Week and hope to see you in Terrill Hall. If you have comments or feedback email me at Vicki.Campbell@unt.edu. I hope that you have a great semester.

Vicki Campbell, Ph.D.
Chair of the Department

NOTE FROM DR. SCHNEIDER

THE DIRECTOR OF THE UNDERGRADUATE PSYCHOLOGY DEPARTMENT

I want to welcome all new and returning Psychology majors to the Fall semester. We hope you find this newsletter informative and useful as you continue on the path to earning your baccalaureate degree. We want it to assist you in learning about your fellow students, the department faculty, and psychology as a career. Should you have any questions related to psychology, please do not hesitate to contact any Undergraduate Advising Staff on the 3rd floor of Terrill Hall and feel free to check the undergraduate Bulletin Board on the 3rd floor for important announcements. Finally, do not overlook the Psychology Department website for the latest updates on news.

You will see involvement of undergraduates who have become co-authors on presentations at professional conventions. The Department extends its congratulations to them and encourages all psychology majors to seek to maximize available opportunities in pursuing the bachelor's degree.

We are aware of the financial cost of pursuing your degree. The National Science Foundation survey indicated that the median debt incurred by psychology bachelor's degree recipients came to \$25,386. For persons who already held a bachelor's degree and were employed full-time or part-time at the time of the survey, the median salary was \$40,660 (range \$12,840 to \$69,550). We are also aware of the job outlook. The National Association of Colleges and Employers (NACE) 2013 Job Outlook survey indicated that of respondents who plan to hire bachelor's level liberal arts graduates, 75% of respondents are specifically targeting those earning psychology degrees. The employability for psychology majors is promising.

Because the Psychology Department shares the University's aspiration to provide the best undergraduate educational experience in Texas, members of our faculty believe communication between students and faculty is not only fundamental but also vital. Be assured the department and I will do our best to serve your academic needs. If I can be of any help to you, feel free to come by my office (Terrill Hall 363), email me at Lawrence.Schneider@unt.edu, or contact the Graduate Secretary (Ms. Diane Kozul at 940 565-2652) to schedule a specific time to meet with me.

Welcome again and have a great semester.

Lawrence Schneider, Ph.D.
Professor
Director, Undergraduate Psychology Department



Lawrence Schneider, Ph.D.

Director of the
Undergraduate Psychology Program



PLANNING *YOUR* DEGREE

The University of North Texas offers two different types of undergraduate psychology degrees: a Bachelor of Arts (B.A.) or a Bachelor of Science (B.S.). There are a few differences between the two. The B.S. requires a higher GPA, a couple of additional courses, and an Honors Thesis. Getting a B.S. requires that you to keep your GPA high and gain research experience with your thesis— both of which are beneficial if you’re applying to graduate school. Keep in mind that the distinctions between a B.A. and a B.S. are not the same at every university.

BACHELOR OF ARTS

- 2.0 GPA in overall coursework
- 2.5 GPA in psychology courses
- Required Psychology Classes:
 - PSYC 1630: General Psychology 1
 - PSYC 1650: General Psychology 2
 - PSYC 2317: Quantitative Methods
 - PSYC 2950: Experimental Methods
 - PSYC 4600: History and Systems
- 6 Psychology Elective Classes



BACHELOR OF SCIENCE

- 3.0 GPA in overall coursework
- 3.5 GPA in psychology courses
- Required Psychology Classes:
 - Same classes as B.A., and two additional courses:
 - PSYC 3630: Psych Measurement
 - PSYC 4950: Honors Thesis
- 4 Psychology Elective Classes

FACTS: UNT PSYCHOLOGY MAJORS

PSYCHOLOGY UNDERGRADS EXCEL ACADEMICALLY

DID YOU KNOW?

At the end of the 2015 Spring semester, 249 qualified for the College of Arts and Sciences Dean's List which requires an overall average of 3.5 GPA for the semester. Of students on the Dean's List, 195 also qualified for the President's List which requires a 4.0 GPA for the semester. The faculty salute all the students who made the Dean's List and the President's List.

There are currently 1,396 psychology majors enrolled in the Fall 2015 semester.

HONORS GRADUATES | SPRING 2015 & SUMMER 2015

With each graduating class, UNT honors those who completed their degree with exemplary academic performance. Below is a list of psychology majors who earned this distinction among Spring and Summer graduates. Cum Laude graduates had a cumulative GPA of 3.5-3.69, Magna Cum Laude graduates had a GPA of 3.7-3.89, and Summa Cum Laude graduates had a GPA of 3.9-4.0.

SPRING 2015

Cum Laude

Shani Ashkenazy
Jacob Bloch
Brian Carnes
Carolina Carrasquillo
Sarah Clubb
Baryn Dumas
Sierra Eidson
Courtney Ewing
Isabella Fontana
Keni Gentry
Ryan Gibson
Morgan Gray
Rawan Hammad
Jana Huddleston
Brittany Kirkpatrick
Simone Martens
Cheyenne Miller
Nathan Moeller
Aja Moore
Eliina Novamo
Haluk Oz
Emily Pelon
Genesis Portillo
Ashley Rankin
Robina Rayamajhi
Madelyn Ricco
Selena Rodriguez
Sara Tarango
Khashayar Tavakoli
Victoria Wheelis
James Wilkins II

Magna Cum Laude

Michelle Arthur
Sandra Carballo
Jeremy Deutsch
Gonzalo Dietz
Emily Eells
Mowaninuolaoluwa Folorunso
Sergio Garcia
Mallory Gerner
Taylor Gleitz
Mona Groteguth
Chris Guerra
Elisha Haynes
Ami Lee
Nicole McKinney
Thomas Mullins
Khawlah Nafal
Sarah Palmer
Jordan Persaud
Jennifer Rivera
Jessica Rodriguez
Juan Rojas II
Skylar Rosenthal
Maria Sotomayor
Kiefer Stonecipher
Madison Thompson
Sarah Wilson

Summa Cum Laude

Samantha Hunt
Emily Kaus
Nina Laurenzo
Brittany Montgomery
Samuel Moore
Kendall Sharp
Keith Sherwood
Tilija Stanojevic
Philip Wright

SUMMER 2015

Cum Laude

Brittany Browning
Henry Ansah, Jr.
Kelli McGill
Amanda Dsouza
Lorena Granada

Magna Cum Laude

Celeste Saucedo
Adrienne Butcher
Caroline Bryant

“WHAT ARE YOU GOING TO DO WITH *THAT*?”

BY DARBY McMAKIN

Students choose to major in psychology for a variety of reasons. It may be that they want to work in a directly related field, such as counseling or psychiatry. Maybe they were fascinated with the mystery and diversity of the human brain and wanted to know more about it. It's even possible that they believed psychology was synonymous for “undecided” and stuck it on their college application. However you found yourself in the psychology undergraduate program at UNT, there are endless career options for you to explore once you've finished your bachelor's degree.

I know that when I announced my major as psychology, I received quite a bit of criticism, and I know I'm not alone. People want to know, “what are you going to do with that?” They make sure you know that there's not any money in it, and finish off with a sarcastic, “so, what am I thinking right now?” The reality is that there are about a million things you can do with a psychology degree, and they don't always involve laying on a couch and talking about feelings. A bachelor's degree in psychology equips you with strong interpersonal skills, the ability to comprehend and organize data, and a solid understanding of human behavior. These are traits that employers look for in almost any profession.

“There are opportunities everywhere you look, and UNT has the resources to help you find them.”

Surprisingly, most people don't end up in a career that directly relates to their major. According to a survey by the APA, less than 5% of students in a survey with a BS in psychology actually went into that career field. In another study, 47% of college graduates surveyed did not find a first job related to

their major. 32% of these interviewees said they had never worked in a major related field. With those numbers, it can be daunting to think about searching for a career.

Many psych majors go into teaching at public and private schools, including colleges and universities. Others choose to enter human resources to help employers create thriving professional relationships with their employees. If these don't interest you, there are even more opportunities in research, public relations, advertising, market research, retail, and sales. Ultimately, it depends on where your interests and talents lie. Use your time in college not only to learn about the subjects you've chosen to take on, but also about yourself by getting involved on campus. You can also set up a meeting with the career advisors in Chestnut Hall who will be able to tell you even more about the multitude of careers available for you to explore.

Many of you are just beginning your college career here at UNT, and for some of you, it's coming to an end. No matter where you stand, wondering where you're going to be after graduating is a little scary. Just be aware that there are opportunities everywhere you look and that UNT has the resources to help you find them.

WANT TO LEARN MORE ABOUT POTENTIAL CAREERS?

Contact the Career Center for more information!

Chestnut Hall, Suite 103

(940)565-2105

www.careercenter.unt.edu

MAKING SENSE OF YOUR MONEY

BY LAWRENCE SCHNEIDER, Ph.D.

Everyone realizes that earning a college degree not only takes time, but that college is becoming more expensive. For these reasons it is important to make the most of your time at UNT and to remain informed and wise about financial facts that can impact your career decision-making. What follows is financial information that likely will be of interest to our majors.

Regarding psychology majors who graduated in 2011-2012, the U.S. Department of Education reported that the median debt of students who graduated with the bachelor's in psychology was \$25,386. The most recent National Science Foundation survey targeted holders of college bachelor's degrees in 2010 and made adjustments to the figures using the 2012 Consumer Price Index. For all of those who held bachelor's degrees in psychology and who were working full-time or part-time, the median reported annual salary was \$40,660. Reported salaries ranged from \$12,840 to \$69,550. These data were gathered from a national survey, so they do not necessarily reflect the status of UNT psychology majors.

Other national survey information regarding median annual reported salaries focused on the work activity of those holding the bachelor's degree in psychology:

Work Activity:	Median Salary
Employed scientists & engineers	\$38,000
Computer applications	\$37,000
Management, sales, administration	\$43,000
Research & development	\$42,000
Teaching	\$45,000
Other	\$30,000

The median federal loan debt of undergraduate borrowers who completed a UNT bachelor's degree is \$20,750 (This is above the national average for federal loan debt.) The U.S Department of Education indicates that 56% of UNT students receive federal loans. The average annual cost of attending UNT (\$10,774) for in-state students receiving financial aid is below the national average for similar students. Ten years after graduating, the median salary of former UNT students who received financial aid was \$42,100, which is above the national average (\$34,343) for similar students.

WANT TO START EARNING MONEY NOW?

Visit the Eagle Network for more information! You will be able to find listings for on-campus and off-campus jobs and internships.

www.studentaffairs.unt.edu/eagle-network



MADE IN CHINA

By Darby McMakin

Imagine diving headfirst into a diverse and complex culture that is almost nothing like your own. This entails navigating a complicated transit system, sampling your way through strange foods, and using your limited knowledge of the language to communicate. This was a reality for University of North Texas psychology students who took on this adventure over the summer with Dr. Wang in China as part of a Cross-Cultural Immersion program.

These students were each accompanied by a student from Chinese Normal University (CNU) in Beijing as a way to aid their transition into the new culture. During Dr. Wang's lectures at CNU, students engaged in eye-opening discussions with their partners as they got to know each other through knowledge and unique experiences. Together they explored the fast-paced cities, were exposed to different aspects of Chinese culture and tried to soak in all the new sights and sounds. Kinsie Dunham described it as "immersion within all aspects of living," both inside and outside of the classroom. Ultimately, their mission was to discover what it was truly like to be a college student in China.



Aside from the lectures in Beijing, the students were able to learn in a different way: by actually becoming the teacher. They had the opportunity to teach English to young Chinese students at a primary school through childhood games and songs such as “duck-duck-goose.” The students were also invited to present at a high school in Xi’an about American colleges and effective communication. By adopting the teaching role, students were able to understand the challenges on how to teach, not just the challenges that come with learning. This provided a different picture between cultures, one that would not have been seen without that leadership role.

When the group wasn’t attending lectures or teaching, they were discovering all of the iconic landmarks of China. From climbing up and down the Great Wall, to exploring the depths of Xin Dynasty history at the Terra Cotta Warriors Museum, these travelers saw their fair share of marvels abroad.

The main thing these students had in common when they came back from this three week trip was that all of their lives had been changed. Although it sounds cliché, immersing yourself into a brand new culture like this group of students is absolutely eye-opening. One of the student adventurers, Joslyn Wilson, had this advice to give: “If you are thinking about studying abroad and find yourself thinking of all the reasons why you shouldn’t go, just ask yourself one question: Why not? You might just have the time of your life.”

INTERESTED IN STUDYING ABROAD?

Contact the Study Abroad Office for more information!

Sage Hall, Room 236

(940) 565-2207

www.studyabroad.unt.edu



GET THE SHOW ON THE ROAD

You've done the research.
Now show the world what you have learned.

By Kylie Sligar

If you have been fortunate enough to conduct research as an undergraduate, the next step is to present your findings at a professional conference. Conferences are large psychology conventions in which people from around the U.S. (and sometimes the world) come together to present new research findings in the field of psychology. Conferences are a great way to get updated on all the new research findings in the world of psychology. Attending conferences is also a great resource for networking and learning how to become successful in a career regarding psychology or mental health. Additionally, presenting your research at a professional conference looks great on a CV or graduate school application.

HOW TO ENTER

Most conferences are based around a certain type of psychology or research. For example, the SSSS (Society for the Scientific Study of Sexuality) conference this fall in New Mexico is a conference completely dedicated to topics surrounding sexuality. Once you find a conference that you are interested in attending, you need to make sure your research topic would fit within that conference. Each conference has their own submission process, which can be located on their individual websites. Usually you submit an abstract to the conference and they will contact you in a few months to let you know if it was accepted. If it was indeed accepted you will be showing off your research at that conference. The next steps are to perfect your project, make travel plans, and make sure you are signed up to attend (pay your conference fees).

TYPES OF PRESENTATIONS

The two most common types of presentations are posters and talks/symposiums. A poster presentation is usually done by undergraduate/graduate students, in which they create and present a poster over a specific research study they carried out. When presenting a poster you are most commonly in a huge room with many other people presenting posters with topics similar to your own. Poster sessions are great laid back way to see what type of research is being done by your peers, as well as a fantastic way to get some networking in (whether it be with another student or perhaps a potential mentor)! The second type of presentation you will see at a conference is a talk or symposium. A talk is usually over one specific study in which someone goes into great detail about their study and their results. A symposium is different in that it is usually made up of a panel of people who each give a short presentation over their research. Usually symposiums cover one aspect of psychology and each research project discussed looks at different things or takes a different approach within that aspect. Talks and symposiums are most commonly done by professors, graduate students, psychologists, and people employed in mental health related jobs, but occasionally you will see an undergraduate up there! Next time you find yourself at a conference you should definitely check out some of the presentations, it is really cool to hear about all the latest findings!

WHO IS GOING?

You will be seeing a lot of different people depending on what type of conference you choose to attend. Most commonly you will see undergraduates, graduate students, professors, and the occasional medical doctor. You will also see people from different mental health professions such as: counselors, rehab facilities, trauma facilities, etc. A lot of times different universities will send representatives to talk to people about their graduate programs, which is a great way to get some face to face time with a school that you are interested in.

WHAT TO WEAR?

Remember that this is a professional conference, and there will be many important people you will be meeting. You not only want to give off a good representation of yourself, but your school, and your research. With that being said, professional wear is the way to go. For women you most commonly see modest dresses, appropriate length dress skirts, blazers, heels or nice flats, slacks, and nice blouses. For men it is usually slacks and a nice button up shirt. You do see the occasional suit at the conference, but not so much for undergraduates. If you wouldn't wear it to a job interview, you wouldn't want to wear it to a conference, especially if you are presenting your research. Dress to impress!

“Attending conferences is also a great resource for networking and learning how to become successful in a career regarding psychology or mental health.”

UNT POSTER PRESENTATIONS

UNT has been busy presenting psychological research across North America this year. The following students and faculty have presented at three major conventions over the summer break. Undergraduate students' names are **bolded**.

ASSOCIATION FOR PSYCHOLOGICAL SCIENCE

27th Annual Convention | New York, NY | May 21-24, 2015

Correlates of Anxious Attachment in an LGBT Sample: Loneliness, Optimism and Social Support.

Oksana Ellison, Cali Kirkham, & Mark Vosvick

Disrupting the life story: Event centrality and death anxiety as unique and interactive predictors of posttraumatic stress disorder.

Eric Schuler, Adriel Boals, Shana Southard-Dobbs, Keke Liu, Lee Bedford, **Obidi Ekwulugo, & Rachael Cruze.**

Experimentally reducing event centrality using a modified expressive writing intervention.

Shana Southard-Dobbs, Stephanie Agtarap, Adriel Boals, Daniel Steinberg, Kristi Mannon, **Walter Williams, Taylor Brown, Forrest Lane, Heather Self, Rachael Cruze, Obidi Ekwulugo, Nikita Suri, Mark Lopez, Melissa Connally, & Lee Bedford**

The role of religious commitment and forgiveness in revenge-seeking behavior.

Mark Lopez, Kayla Martinez, Shana Southard-Dobbs, **Nikita Suri, Rachael Cruze,** Adriel Boals, **Nathan Mueller, & Walter Williams**

Veterans Assessing Veterans: Using Rapport to Improve PTSD Assessment.

Lee Bedford, Pamela Holtz, Danielle Moyer, Kevin Sethi, James McGuffin, **Christopher Perez,** & Adriel Boals

ASSOCIATION FOR BEHAVIORAL ANALYSIS INTERNATIONAL

41st Annual Convention | San Antonio, TX | May 22-26, 2015

Correlation between self-esteem and psychological flexibility.

Eliina Novamo, Taylor F. Lincoln, Nina Laurenzo, Rawya Al-Jabari, & Amy R. Murrell

Development and validation of a measure of religious and spiritual flexibility.

Taylor F. Lincoln, Daniel S. Steinberg, Ethan G. Lester, & Amy R. Murrell

How behavior analysis can shape our understanding of mindfulness.

Eliina Novamo (Chair of Symposium)

AMERICAN PSYCHOLOGY ASSOCIATION

123rd Annual Convention | Toronto, Ontario | August 6-9, 2015

Ethnic identity, acculturation, and life satisfaction of interracially married individuals.

Bini Sebastian, Gabriel Zamudio, & Chiachih DC Wang

The Religion Of Intolerance: A Mindfulness Moderation of Religious Belief and Internalized Homophobia in Marginalized Communities.

Tsipora Smith, Andrew Pereria & Mark Vosvick

JOURNAL PUBLICATIONS

Michael Barnett, & **Beatriz Martinez**. (2015). Optimists: It could have been worse; Pessimists: It could have been better: Dispositional optimism and pessimism and counterfactual thinking. *Personality and Individual Differences*, 86, 122-125.

WANT HELP FUNDING YOUR TRIP?

The Raupe Travel Grant is a scholarship program for UNT students who are attending a conference that will not only benefit the university, but the recipient student as well. Students can receive up to \$750 a semester to attend a conference. Raupe Travel Grants are offered twice a year; once in the fall and once in the spring. The grant also has a 6 month retro-active date. (For example: If the due date for the application is November 6, 2015, then your conference must be held between May 6, 2015, and May 6, 2016.) If a student is involved in research that will be presented at a professional meeting (e.g., American Psychological Association Convention, Southwestern Psychological Association Convention, etc.), a Raupe award can be useful to help cover travel costs. For more info, please visit:

studentaffairs.unt.edu/raupe-travel-grant

APPLICATION DEADLINE:

- November 6, 2015 at 5:00 pm CST

TAKING CARE OF YOURSELF

A GUIDE TO MANAGING STRESS

BY EMMA ANDERSON

Anyone who has taken college classes has a similar story: all of the due dates for all of your classes aligned to one dreaded week that is slowly approaching and you haven't started any of it. Why do we do this to ourselves? Everyone knows it would be better to just do it, but sometimes you just can't. Sometimes the cause is procrastination, but eventually it builds up to anxiety and work paralysis. Depending on your situation, whether you're great at handling stress (lucky you) or not, there are different helpful steps to keep yourself mentally healthy and stress-free.

If you've now made it through that assignment you've been putting off or got caught up replying to emails, pat yourself on the back. If you're still working on it, keep going—we believe in you!

But if none of these tips help you to relax and you still feel hopeless when you think about your workload, there are people who can help. The Health and Wellness Center on campus has

a massage center for when stress begins to take a toll on your body, and the Counseling and Testing Center has group and individual counseling available for when you just need someone to turn to.

“THERE ARE DIFFERENT STEPS YOU CAN TAKE TO STAY WELL AND STRESS-FREE.”

STILL FEELING STRESSED?

Contact the Counseling and Testing Services Center!

Chestnut Hall, Suite 311

(940)565-2741

www.studentaffairs.unt.edu/counseling-testing-services

LOW STRESS

Whether you're already a pro at managing your life or you don't have too much on your plate, you need to learn how to prevent stress. One of the best ways to avoid getting in over your head is stepping back and looking at your schedule. Write down everything you do and need to do before you say yes to taking on another shift or extracurricular, because you may soon regret it. And while you're writing, take a look at the syllabi for all your classes and compile them into a calendar. This way, you'll know all the due dates and nothing should slip past you. Keeping your body and mind healthy is also a key factor in not going crazy when stress occurs. By exercising regularly and not eating junk, you can think more clearly and have a better mood.

MEDIUM STRESS

So you're beginning to freak out, idling at a writer's block, or still just letting the work pile up (not recommendable). Now is the time to make art and create new things in attempt to motivate yourself. Knitting, painting, drawing, and playing music are all great creative outlets that can inspire and instill confidence in your abilities. By feeling proud of yourself for making something beautiful, you are better prepared to take on whatever giant task you're up against. Once you feel capable, make a thorough to-do list and cross off each task as you accomplish it. This way you visibly see the difference you are making in the pile of things you need to finish. If you need a little more motivation than just the slight satisfaction of crossing things off a list, then create a reward system. Every hour of reading allow yourself ten minutes of Facebook, or every hundred words written eat a piece of candy. Whatever you feel would persuade you to work, without being excessive. For example, don't reward yourself too often or with too big of a reward for the work done. That will get you nowhere in your process to make it through your stressful agenda.

HIGH STRESS

At this point, you feel like there's no end in sight. You're down and out, and work paralysis sets in. When your stress has progressed this far, it's best to work on yourself before even attempting to tackle your workload. Some calming things to do include playing with pets—or going to a pet store where you can touch the animals, doing mindfulness exercises while listening to nature sounds, and watching stand-up comedy on Netflix or funny videos on YouTube. If these lift your spirits, then it's time to start working. Now make your list and follow the directions for medium stress.

— PSI CHI —

THE INTERNATIONAL PSYCHOLOGY HONOR SOCIETY



The Spring 2015 Psi Chi inductees posing for a picture out our bi-annual induction ceremony

Psi Chi is the International Psychology Honor Society, with goals of promoting education, ethics, and diversity—and we here at UNT are lucky enough to have a chapter. Not only does it sound prestigious on a résumé or CV, it's a really fun way to meet other psychology majors and do cool stuff together. Examples of said cool stuff include: playing and providing games for children at Halloween carnivals, working with horses at Spirit Horse Therapeutic Riding Center, going to Grapevine Lake to help at a music festival benefiting infant mental health, and these only scratch the surface. Some exciting events we have planned for this year include the brand new Research Squad and Freshman Avengers.

So now that you desperately want to join, how do you do so? Well first off, come to our meetings. They occur biweekly on Mondays at 5 PM, beginning August 31st and going through November 23rd for the Fall 2015 semester.

If you do qualify for membership, congratulations! To make it official, bring a transcript and \$65 to the office and meet with an officer to go through the rest of the steps of filling out the online application.

With that being said, you do not have to be an official member to come to meetings or events. I repeat, come to meetings and events even if you don't qualify for membership. We love having involved people, whether they are officially members or not.

— Meet Your Psi Chi Officers —



PRESIDENT

Kinsie Dunham

"I plan to work with sexual minority and gender minority youth and families and research women sexual functioning."



VICE PRESIDENT

Emma Anderson

"I want to study neuropsychopharmacology and be a neuropsychologist one day."



SECRETARY

Trea Hunter

"I hope I can make an impact on African American students in their college career, hopefully through an administration level."



TREASURER

Joel Flores

"I want to work as a school psychologist in a public school setting."



FACULTY ADVISOR

Michael Barnett, Ph.D.

WANT TO BE A MEMBER?

Psi Chi is introducing three membership tiers to help you get the most out of the organization! Each tier has different requirements, so read the following information to see what you qualify for!

Chapter Member

3.5 GPA

Participate in Freshman Avengers, Research Squad, Study groups, or committees

Must attend:

- At least 1 service event
- At least 1 fundraising event
- At least 2 general meetings

Active National Member

3.25 GPA

Must attend:

- At least 1 fundraising/service event
- At least 1 general meeting
- Induction ceremony
- Officer Hour

Inactive National Member

3.0 GPA

Must attend:

- At least 1 fundraising or service event
- At least 1 general meeting



FALL CALENDAR

OCTOBER

SUN
04
OCT

UNT HOMECOMING WEEK

This year's homecoming theme is "Forever Mean Green: A Journey Through Time".

For more information, please visit:

www.studentaffairs.unt.edu/homecoming

SAT
10
OCT

SAT
10
OCT

UNT HOMECOMING PARADE

The Homecoming Parade will kick off at 10:00am Saturday morning. The parade will start on the corner of Hickory and Welch!

MON
12
OCT

PSI CHI MEETING

This meeting will include a CV and Personal Statement workshop. Members and non-members are welcome. Meeting will take place in Terrill Hall, Rm 121 at 5:00pm.

SAT
24
OCT

BIG EVENT: MAKE A DIFFERENCE DAY

UNT will celebrate a day of service through Make a Difference Day to help our community. More info can be found at:

www.studentaffairs.unt.edu/big-event-make-difference-day

FRI
09
OCT

REGISTRATION FOR SPRING 2016

Starting on the Oct. 9, students will be able to register for the upcoming semester.

MON
12
OCT

GRADUATE / PROFESSIONAL DAY FAIR

Network with representatives from graduate and professional programs from across Texas and the country. The event will be held in the Willis Library Forum from 10:00am - 2:00pm.

TUE
20
OCT

GRAD SCHOOL: GUIDE TO GETTING IN

If you're interested in attending grad school, this workshop can help prepare you! Event begins at 1:00pm in Sage Hall, Rm 315.

MON
26
OCT

PSI CHI MEETING

This meeting will cover opportunities to gain clinical experience. Members and non-members are welcome. Meeting will take place in Terrill Hall, Rm 121 at 5:00pm.

NOVEMBER

WED
04
NOV

GRAD SCHOOL: GUIDE TO GETTING IN

If you're interested in attending grad school, this workshop can help prepare you! Event begins at 11:00am in Sage Hall, Rm 315.

THU
12
NOV

THE SOCIETY FOR THE SCIENTIFIC STUDY OF SEXUALITY ANNUAL MEETING

This year's SSSS conference will take place in Albuquerque, New Mexico. Many of your fellow UNT undergraduates will present their research at this event!

SUN
15
NOV

THU
12
NOV

TEXAS PSYCHOLOGICAL ASSOCIATION ANNUAL CONVENTION

TPA will be holding their annual convention in San Antonio, TX. UNT undergraduates will be presenting their research.

SAT
14
NOV

MON
23
NOV

PSI CHI INDUCTION CEREMONY

Each semester, we celebrate with our new Psi Chi members. The time/location is TBD, so stay tuned!

MON
09
NOV

PSI CHI MEETING

This meeting will include a professional panel. Members and non-members are welcome. Meeting will take place in Terrill Hall, Rm 121 at 5:00pm.

THU
12
NOV

ASSOCIATION FOR BEHAVIORAL AND COGNITIVE THERAPIES ANNUAL CONVENTION

The ABCT will hold this year's annual convention in Chicago, IL.

SUN
15
NOV

THU
19
NOV

GRAD SCHOOL: GUIDE TO GETTING IN

If you're interested in attending grad school, this workshop can help prepare you! Event begins at 3:30pm in Sage Hall, Rm 315.

THU
26
NOV

THANKSGIVING BREAK

Enjoy your time off!

FRI
27
NOV

DECEMBER

SAT
05
DEC

UNT FINALS WEEK

Now that you know the dates, make sure you give yourself plenty of time to study for finals this semester!

FRI
11
DEC

FRI
11
DEC

UNDERGRADUATE COMMENCEMENT

To all of the psychology undergraduates graduating this semester, we here at the Newsletter would like to congratulate you on a job well done.

SAT
12
DEC

NEWSLETTER STAFF



Joel Flores
Editor-in-Chief
Senior



Kylie Sligar
Writer
Senior



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Writer
Sophomore



Emma Anderson
Writer
Sophomore



Ian Clark
Photographer
Senior



Lawrence Schneider, Ph.D.
Director of Undergraduate Program

INTERESTED IN BECOMING THE NEXT EDITOR-IN-CHIEF?

The Newsletter will be looking for a new editor-in-chief to take over in Fall, 2016. Selection and appointment of a new editor will be made in Fall 2015. The newly appointed editor will train with the present editor-in-chief during Spring, 2016 semester. This position offers opportunity to meet and work with faculty and also provides valuable experience to add to your Resume and/or Curriculum Vita.

If you are interested in applying for the editor position, notify Dr. Schneider by Friday, November 20, 2015. Interviews will be conducted before the end of the Fall semester.

To apply, please send an email to Dr. Schneider in the Psychology Department: (Lawrence.Schneider@unt.edu) and indicate your interest in the editor-in-chief position. Alternatively you can leave a written statement regarding your interest in the Psychology Department main office (Terrill Hall, Room 316).

- Be sure to include your contact information.
- Be sure to include a copy of your Curriculum Vita.
- Must hold sophomore or higher academic status.
- Must have completed 9 credit hours of psychology coursework.
- Membership in Psi Chi desirable.
- Familiarity with Adobe InDesign and/or Photoshop or similar publishing software.
- English and editing skills.
- Interest and skill in gathering information for newsletter reports.