

Banan Ramarushton, M.S.
The University of North Texas
Curriculum Vitae
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EDUCATION

- May 2024 (Expected) **Doctor of Philosophy**, University of North Texas
Field: Behavioral Science, Psychology
- August 2021 **Master of Science**, University of North Texas
Field: Behavioral Science, Psychology
- August 2019 **Bachelor of Science**, University of Texas at Arlington
Major: Psychology
Minor: Biology

GRADUATE HONORS, AWARDS, AND EXTERNAL FUNDING

- February 2020 **Psychology Department First Year Travel Grant** (University of North Texas, \$200)
- August 2020 **The American Psychological Association of Graduate Students 2020 Virtual Convention Grant** (APAGS, \$125)
- October 2021 **Graduate Student Support Grant** (University of North Texas, \$100)
- May 2022 **Ladenberger Honor Student in Psychology Award** (University of North Texas, \$1,500)

DISSEMINATION

Published Peer-reviewed Manuscripts

2. Bilsky, S., Blumenthal, H., **Ramadan, B.**, Lewis, S., & Leen-Feldner, E. W. (2022). Pediatric Psychotropic Polypharmacy: An Evaluation of the Correlates and Prevalence Across Assessment Cycles in the National Health and Nutrition Examination Survey. *Journal of Child and Adolescent Psychopharmacology*.
1. Lui, P. P., *Tsong, Y., *Pham, S., ***Ramadan, B.**, Quezada, L., Del Rio, M., & Zamboanga, B. L. (2020). Explaining the alcohol immigrant paradox: Perspectives from Mexican American adults. *Journal of Latinx Psychology*.

Manuscripts Under Review

2. **Ramarushton, B.**, Blumenthal, H., Slavish, D.C, Kaminski, T.L, & Ramadan, T. (2022). Psychological control relates to coping-related drinking motives via social anxiety among adolescents: A cross-sectional mediation analysis. *Manuscript submitted for publication to Alcohol*.
1. Zamboanga, B. L., Blumenthal, H., **Ramadan, B.**, Napper, L. E., Hurlocker, M. C., Ford, K., Bacon, M., Madson, M. B., & The Harm Reduction Team (2022). *What pandemic? A multisite study of drinking motives and drinking games participation among college students during a pandemic (COVID-19) year*. Manuscript Submitted for Publication.

Manuscripts in Preparation

3. Lui, P. P., **Ramadan, B.**, Blumenthal, H., & Madson, M. B. (in progress). *Drinking motives and protective behavioral strategies: Ethnic differences in alcohol use outcomes*.
2. **Ramarushton, B.**, Thompson, L., Knapp, A., Slavish, D. & Blumenthal, H. (in progress). *Adolescent social anxiety and sleep quality*.
1. **Ramarushton, B.**, Griffith, L., Messman, B., Blumenthal, H., & Contractor, A. (in progress). *Latent profile analysis for trauma-exposed college students and sleep and drinking motives*.

*denotes equal contributions by authors

PEER-REVIEWED POSTER SUBMISSIONS

20. Baker, A., **Ramadan, B.**, & Blumenthal, H. (2021). *The Role of Pubertal Development in the Link between Anxious Rearing and Social Anxiety among Adolescents*. Poster presented to the annual meeting of Harvard Women in Psychology's Trends in Psychology Summit.
19. Baker, A., Hall, M., **Ramadan, B.**, Hasan, F., Lewis, S., & Blumenthal, H. (2021). *Primary Caregiver Anxiety Sensitivity and Offspring Social Anxiety: Relative Role of Parent- and Child-Reported Anxious Rearing Practices*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies – Parenting and Families Special Interest Group.
18. Hasan, F., **Ramadan, B.**, Kannard, E., & Blumenthal, H., (2020). *Social support as a protective factor for risky drinking motives for adolescents with anxious attachment*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies – Addictive Behaviors Special Interest Group, Virtual.
17. Henderson, R. M., Ramadan, B., Ledesma, A., Gentea, F., Hanes, J., & Blumenthal, H. (2022). *Rape Myth Acceptance and Coping Strategies*. Poster submitted for presentation at the annual meeting of the Association for Behavioral and Cognitive Therapies.
16. Kannard, E., **Ramadan, B.**, Hinojos, A., Lee, C., Hanes, J., Blumenthal, H. (2019). *Peer Support's Role in Adolescent Female Perceptions of Parent Relationships and Generalized Anxiety*. Poster presented at the annual American Psychological Association Convention, Virtual.
15. Kannard, E., **Ramadan, B.**, Hinojos, A., Lee, C., Hanes, J., Blumenthal, H. (2019). *Perceptions of Interpersonal Relationships and the Correlation to Female Adolescent Social Anxiety*. Paper presented at the Southwestern Psychological Association Annual Convention.
14. Lee, C., **Ramadan, B.**, Kelm, H., Smart, A., & Blumenthal, H. (2020). *Depression, Anxiety Sensitivity, and Drinking Motives in an Adolescent Sample*. Poster presented at the 54th annual Association for Behavioral and Cognitive Therapies Convention, Virtual.
13. Mann, E., Gournay, L. R., Bilsky, S., Blumenthal, H., Ramadan, B., Lewis, S., & Leen-Feldner, E. W. (2021). *Pediatric psychotropic polypharmacy: An evaluation of the correlates and prevalence across assessment cycles in the national health and nutrition examination survey*. Poster submitted to Anxiety and Depression Association of America.
12. Pham, S., Lui, P. P., **Ramadan, B.**, Blumenthal, H., & Madson, M. B. (2020). *Drinking motives and protective behavioral strategies: Ethnic differences in alcohol use outcomes*. Poster presented at the 8th Annual Collaborative Perspectives on Addiction Conference, Virtual.
11. **Ramadan, B.**, Blumenthal, H., Slavish, D., Hasan, F., Baker, A., Hall, M., & Stucky, V. (2021). *Social Anxiety and Sleep Disturbance in Adolescence*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies – Behavioral Sleep Medicine Special Interest Group.
10. **Ramadan, B.**, Blumenthal, H., Kearns, N., Cole, D., Espinoza, M., Smart, A. (2019). *The Role of Anxiety Sensitivity in Clarifying Racial/Ethnic Differences in Drinking Motives among College Students*. Poster presented at the American Psychological Association Convention, Virtual.
9. **Ramadan, B.**, Blumenthal, H., Kearns, N., Hinojos, A., Rafiuddin, H., Kannard, E. (2020). *The Role of Anxiety Sensitivity in Clarifying Racial/Ethnic Differences in Problematic Alcohol Use among Underage College Students*. Poster presented at the Society for Research on Adolescents, Virtual.
8. Smart, A., **Ramadan, B.**, Lee, C., Kelm, H., Harris, T., & Blumenthal, H. (2020). *The Role of Parental Psychological Control in Self-Consciousness and Adolescent Social Anxiety*. Poster presented at the 54th Annual Association for Behavioral and Cognitive Therapies Convention.
7. Smart, A., **Ramadan, B.**, Lee, C., Kelm, H., Harris, T., & Blumenthal, H. (2020). *The Role of Parental Psychological Control in Self-Consciousness and Adolescent Social Anxiety*. Poster presented at the 10th annual Psychology Research Fair.
6. Smart, A., Baker, A., **Ramadan, B.**, Watson, M., & Blumenthal, H. (2020). *The Role of Parental Acceptance in Adolescent Negative Affect and Trauma Symptomology*. Poster presented at the 2021 SWPA Convention.
5. Thompson, L., **Ramadan, B.**, Hanes, J., Baker, A., Hall, M., Stucky, V., & Blumenthal, H. (2021). *Relationship between voluntary disengagement coping and sleep problems among trauma-exposed adolescents*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies – Behavioral Sleep Medicine Special Interest Group.
4. Watson, M., **Ramadan, B.**, & Blumenthal, H. (2020). *Gender Differences in Pain-Related Fears and Subsequent Non-Medical Prescription Drug Use Among Adolescents*. Poster presented at the University of North Texas Psychology Department Research Fair.

3. Watson, M., **Ramadan, B.**, Kannard, E., & Blumenthal, H. (2020). *Investigating the Link Between Panic Symptoms, Parenting, and Substance Use Among Adolescents*. Poster presented at the Southwestern Psychological Association annual convention.
2. Watson, M., **Ramadan, B.**, Carey, C., Smart, A., Baker, A., Blumenthal, H. (2020). *Pain-related Fears May Predict Subsequent Alcohol and Non-Medical Prescription Drug Use among Adolescents*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies – Addictive Behaviors Special Interest Group.
1. Zamboanga, B., **Ramadan, B.**, Blumenthal, H., Ford, K., Hurlocker, M., Shelton, D., Bacon, M., & Madson, M. B. (2022). *Drinking Motives and Perceived COVID Threat as Correlates of Drinking Games Participation during a Pandemic Academic Year among College Students: A Multisite Study*. Poster accepted for presentation at the Research Society on Alcoholism Conference.

AD-HOC JOURNAL REVIEWER

Co-reviewer:

- Journal of Adolescent Health
- Journal of Traumatic Stress
- Addiction Research & Theory

Invited Reviewer:

- Journal of Ethnicity in Substance Abuse

TEACHING EXPERIENCE

August 2020-May 2021

Graduate Teaching Fellow, University of North Texas Department of Psychology
Courses: General Psychology I, Fall, 2020; Psychology of Women, Spring 2021
 August 2019-May 2020

August 2019-Present

Graduate Teaching Assistant, University of North Texas Department of Psychology
Courses: Health Psychology, Fall, 2019; Health Psychology, Spring, 2020; Developmental Psychology, Fall, 2020; I/O Psychology, Summer 2022

August 2019-Present

Guest Lecturer, University of North Texas Department of Psychology
Courses: Introduction to Psychology, Fall, 2019; Health Psychology, Spring, 2020; Experimental Methods, Spring 2022

ASSESSMENT EXPERIENCE

The Mini International Neuropsychiatric Interview (M.I.N.I) for adult participants

Major Depressive Disorder
Panic Disorder
Agoraphobia
Social Anxiety Disorder (Social Phobia)
Generalized Anxiety Disorder
Alcohol Use Disorder
Substance Use Disorder

The Structured Clinical Interview for DSM-V (SCID-5-RV) for adolescent participants

Major Depressive Disorder
Panic Disorder
Social Anxiety Disorder
Generalized Anxiety Disorder
Alcohol Use Disorder
Cannabis Use Disorder

SOTWARE EXPERIENCE

Statistical analysis software: *SPSS, R, Microsoft Excel, SAS, MPLUS*

Participant and patient tracking: *SonaSystems*

Research hardware and software: *Inquisit, BIOPAC*

Data collection and management: *Qualtrics, Survey Monkey, Redcap*

PROFESSIONAL WORKSHOPS

October 2019	The Grant Writing Workshop <i>at the University of North Texas</i>
October 2019	Fostering Future Faculty: Southwestern Conference on Graduate Teaching in Psychology <i>at Texas Women's University</i>

TRAININGS IN GOOD STANDING

Texas Department of Family and Protective Services (DFPS)	<i>Reporting Suspected Abuse or Neglect of a Child training</i>
National Institute of Health, Protecting Human Research Participants, Collaborative Institutional Training Initiative (CITI)	<i>Social & Behavioral, Good Clinical Practice</i>
University of North Texas Risk Management Services	<i>Bloodborne Safety Training</i>
	<i>Biosafety Level 1 and 2 Training</i>
	<i>Laboratory Waste Safety Training</i>
	<i>UNT FERPA Basics and FERPA in the Virtual World</i>
	<i>Cyberservice Security Training</i>
	<i>UNT Policies & Title IX Training</i>

ASSOCIATION MEMBERSHIP

September 2019- Present	American Psychological Association (APA)
September 2019- Present	American Psychological Association of Graduate Students (APAGS)
September 2019- Present	Society for Research on Adolescents (SRA)
January 2020- Present	Association for Behavioral and Cognitive Therapies (ABCT)
January 2021- Present	Graduate Association of Students in Psychology (GASP) Elected Behavioral Science Student Representative (2021-2023)
August 2021- Present	Psychology Advocates for Social Change (PASC)