

Emma A. Kannard
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EDUCATION

Bachelor of Arts, University of North Texas, Denton, TX Dec. 2019
Major: Psychology (GPA: 4.0)
Minor: Counseling (GPA: 4.0)
Second Minor: Spanish (GPA: 3.67)
Cumulative GPA: 3.86
Magna Cum Laude

RESEARCH EXPERIENCE

Laboratory: Mood and Psychopathology (MAP) Laboratory Aug. 2020 – Present
Director: Camilo Ruggero, Ph.D., University of North Texas, Denton, TX
Position: **Laboratory Coordinator**

Grants:

- Development of Negative Valence Measures (**1R56 MH122537-01**), April 2020 – *Present*. National Institute of Mental Health (NIMH)
- The North-Texas-20 (**1D40HP33372-01-00**), September 2019 – *Present*. U.S. Health Resources and Services Administration (HRSA)

Responsibilities:

- Fulfill full-time grant compensated position overseeing several aspects of multiple projects for both Dr. Camilo Ruggero as well as Dr. Jennifer Callahan of the Evidence-based Training and Competencies Research Lab
- Collaborate in the development of the Hierarchical Taxonomy of Psychopathology (HiTOP) manual
- Code articles based on specific inclusion and exclusion criteria to be included meta-analyses
- Identify sources of external funding for research and training opportunities and apply for grants
- Mentor undergraduate research assistants in professional development and personal research projects
- Designed and implemented a multilingual (English/Spanish) website compiling local and national mental health resources to be accessed by the community
- Perform administrative tasks for the Psychology Department

Laboratory: Teen Stress and Alcohol Research (St.A.R.) Laboratory Oct. 2018 – Sept. 2020
Director: Heidemarie Blumenthal, Ph.D., University of North Texas, Denton, TX
Position: **Research Assistant**

Studies:

- A Controlled Test of Interpersonal Rejection, Social Anxiety, and Alcohol Use among Female Adolescents (**R15AA026079**), Summer 2018 – *Present*. National Institute of Mental Health (NIMH)

- Effect of Trauma-Related Stress During Acute Alcohol Intoxication on Driving-Related Risky Decision-Making (**F31AA027142**), Spring 2019 – Spring 2020. National Institute of Alcohol Abuse and Alcoholism (NIAAA)
- Modeling marijuana use willingness and problems as a function of social rejection and social anxiety among adolescents (**F31DA041105**), Summer 2018 – Spring 2019. National Institute on Drug Abuse (NIDA)

Responsibilities: Assisted in implementing, piloting, and conducting three laboratory-based experimental studies concerning social anxiety, depression, alcohol use, marijuana use, post-traumatic stress disorder, adolescent development, and emerging adulthood:

- Administered protocol to adolescent participants for a 4-hour study including participant assent and parent consent, equipping participants to BioPac MP150 to measure physiological responses to acute stress (i.e., galvanic skin response for skin conductance and electrocardiogram for heart rate), conducting a vividness training exercise, a Cyberball rejection task, the International Affective Picture System (IAPS), and obtaining salivary samples in order to assess cortisol and alpha amylase levels
 - Administered the SCID-5-RV to adolescent participants and the Mini International Neuropsychiatric Interview to parent participants
- Piloted and administered protocol to adult participants for a 3.5-hour study including participant consent, conducting a medical screener, an alcohol administration procedure, a simulated driving task, and a re-imagining of a recorded autobiographic script form of past-lived traumatic or neutral-control events
- Conducted telephone screenings with community participants involving sensitive information (i.e., SCID-5-RV for recent major depressive episodes/lifetime alcohol use disorder; recent substance use history; trauma history) and schedule for laboratory visits

Recruitment Team Coordinator

May 2019 – Sept. 2020

Responsibilities:

- Organized and participated in community events and activities to recruit difficult-to-reach adolescents (e.g. marijuana and alcohol use reporting) and adults (trauma exposed and alcohol use reporting) for laboratory-based experimental studies
- Coordinated and led a 10-15-person team in weekly meetings, scheduled and assigned recruitment events, and created new recruitment approaches
- Contacted businesses, schools, and community leaders to organize recruiting events
- Coordinated and led trainings for new members on recruitment procedures
- Maintained databases and spreadsheets on recruitment activities completed by team members
- Created materials to advertise the laboratory and current studies
- Organized and coordinated with community events that promote mental health awareness (e.g. National Eating Disorder Association, Mental Health Awareness Week)

Social Media Coordinator

Dec. 2018 – May 2019

Responsibilities:

- Maintained an active social media presence on multiple media platforms (e.g. Instagram, Twitter, and Facebook)
- Implemented new ways to increase social media appeal (e.g. weekday themes for routine posts, online recruitment efforts, etc.)
- Informed the community on current laboratory-based research study opportunities
- Shared empirical information on mental health, psychology, and adolescent development

Data Team Member

Nov. 2018 – May 2019

Responsibilities:

- Entered recruitment and participant data for two adolescent studies and one adult study into SPSS on a weekly basis
- Pre-processed physiological data from BioPac MP150 and imported it into SPSS for analyses

Transcription Team Member

Nov. 2018 – Feb. 2020

Responsibilities:

- Transcribed and peer reviewed audio recordings of participant qualitative data
- Conducted reliability checks of audio-recordings of the SCID-5-RV

Recruitment Team Member

Oct. 2018 – May 2019

Responsibilities:

- Advertised studies in 10-20 local businesses on a weekly basis (e.g. administering fliers)
- Participated in a minimum of 3 community events each month to recruit participants
- Contributed to databases of potential locations and events from which to recruit adolescent and adult participants
- Recognized as team's most effective recruiter – December 2018
- Spearheaded fundraising and lab involvement in the 2019 local National Eating Disorders Association (NEDA) walk
 - Team awarded recognition for most funds donated

MANUSCRIPT PUBLICATIONS

Bennett, C. B., Ruggero, C. J., & **Kannard, E.** (2020). *Common Strategies for Regulating Emotions Across the Hierarchical Taxonomy of Psychopathology (HiTOP) Model*. Manuscript in preparation.

Herrera, C., Callahan, J., & **Kannard, E.** (2020). *Elucidating the effects of pre-treatment expectation measures on therapeutic outcomes: A meta-analysis*. Manuscript in preparation.

RESEARCH AND CONFERENCE PRESENTATIONS

10. *Qazi, M., **Kannard, E.**, Potts, A., Molloy, M., & Ruggero, C. (2020, November 6). *The role of mindfulness in the relationship between negative affect and avoidance* [Poster presentation]. The 10th annual Psychology Research Fair, University of North Texas, Denton, TX, United States.**
9. *Molloy, M., Potts, A., **Kannard, E.**, Baldino, G., Corral, G., Sommer, M. & Ruggero, C. (2020, November 6). *Neuroticism and health outcomes in World Trade Center first responders* [Poster presentation]. The 10th annual Psychology Research Fair University of North Texas, Denton, TX, United States.**
8. Hasan, F., Ramadan, B., **Kannard, E.**, & Blumenthal, H. (2020, November 19-22). *Social support as a protective factor for risky drinking motives for adolescents with anxious attachment* [Poster presentation]. The 54th annual convention for the Association of Behavioral and Cognitive Therapies, Philadelphia, PA, United States.**

7. **Kannard, E.**, Ramadan, B., Hinojos, A., Lee, C., Hanes, J., & Blumenthal, H. (2020, August 6-8). *Peer support's role in adolescent female perceptions of parent relationships and generalized anxiety* [Poster presentation] The 128th annual convention for the American Psychological Association, Washington D.C., United States.**
6. Hanes, J., Kearns, N., Lucke, H., **Kannard, E.**, Cloutier, R., & Blumenthal, H. (2020, June 22-24). *The effects of coping-style on alcohol craving post PTSD-relevant stress induction* [Poster presentation]. The 43rd annual convention for the Research Society on Alcoholism, New Orleans, LA, United States.**
5. **Kannard, E.**, Ramadan, B., Hinojos, A., Lee, C., Hanes, J., & Blumenthal, H. (2020, April 3-5). *Perceptions of interpersonal relationships and the correlation to female adolescent social anxiety* [Oral research presentation]. The 66th annual convention for the Southwestern Psychological Association, Frisco, TX, United States.**
4. Ramadan, B., Blumenthal, H., Kearns, N., Hinojos, A., Rafiuddin, H., & **Kannard, E.** (2020, March 19-21). *The role of anxiety sensitivity in clarifying racial/ethnic differences in problematic alcohol use among underage college students* [Poster presentation]. The biennial convention for the Society for Research on Adolescents, San Diego, CA, United States.**
3. Hinojos, A., Lee, C., Carey, C., **Kannard, E.**, Kearns, N., Cole, D., & Blumenthal, H. (2019, November 19-21). *Social anxiety and the intersection of biological sex and race among bisexual-identifying emerging adults* [Poster presentation]. The 53rd annual convention for the Association of Behavioral and Cognitive Therapies - Anxiety Special Interest Group, Atlanta, GA, United States.
2. Lee, C., Hinojos, A., Kearns, N., Carey, C., **Kannard, E.**, & Blumenthal, H. (2019, November 19-21). *The role of sexual orientation in the relationship between depressive symptoms and prescription drug misuse* [Poster presentation]. The 53rd annual convention for the Association for Behavioral and Cognitive Therapies – Forensic Issues and Externalizing Behaviors Special Interest Group, Atlanta, GA, United States.
1. Primous, S., **Kannard, E.**, & Rafiuddin, H. (2019, April 8). *Naming deficits in aphasia* [Research presentation]. The Teen St.A.R. Laboratory, University of North Texas, Denton, TX, United States.

*Denotes undergraduate mentee

**Conference adapted to a virtual format due to the COVID-19 pandemic

PSYCHOLOGICAL ASSESSMENT EXPERIENCE

The Structured Clinical Interview for DSM-5 (SCID-5-RV)

Module F. Anxiety Disorders

Module A. Mood Disorders

Module E. Substance Use Disorders

Mini International Neuropsychiatric Interview (MINI)

Timeline Followback (TLFB) for past 90-day alcohol and marijuana use

Clinician Administered PTSD Scale for DSM-5 (CAPS-5)

Primary Care PTSD Screen (PC-PTSD)

INVITED PRESENTATIONS

Guest Speaker

Sept. 2020

Psi Chi International Honor Society in Psychology

- Invited to present information to members about research opportunities, reasons to get involved in research, and how to best utilize a gap year.

Oral Research Presentation

April 2020

Perceptions of Interpersonal Relationships and the Correlation to Female Adolescent Social Anxiety

- Granted the Psi Chi Regional Research Award (\$400)
- Awarded at the 66th annual convention for the Southwestern Psychological Association, Frisco, TX**
- Scheduled to be presented at the 67th annual convention for the Southwestern Psychology Association, San Antonio TX

Cultural Competency Workshop

April 2019

Habitat for Humanity of Denton County

- Developed and conducted an interactive workshop and presentation on cultural competency for Habitat for Humanity staff. Topics included: defining cultural competency and its importance; understanding cultural differences; overcoming language barriers, biases, and stereotypes.

Student Success Panel

Aug. 2019

University of North Texas

- Invited to serve as a member on a panel to provide advice to and answer questions from incoming Psychology freshman class of ~400 students

EXTRACURRICULAR & VOLUNTEER ACTIVITIES

President of Psi Chi International Honor Society in Psychology

April – Dec. 2019

Chapter: University of North Texas

- Led and organized bi-weekly general body meetings for potential incoming and current members of the organization to engage in discussion and learn about topics within the field of Psychology
- Led and organized bi-weekly officer meetings with a prepared agenda
- Created a detailed manual to serve as a living document and training tool for future officers
- Coordinated with local figures to come speak at general body meetings
- Delegated responsibilities to fellow officers

Victim Advocate

Aug. 2018 – May 2019

Denton County Friends of the Family, Denton, TX

- Provided services and advocated for women who are victims of domestic violence or sexual assault
- Organized events at outreach center
- Provided childcare to trauma-exposed children at local emergency shelter

Note-Taker

Aug. 2019 – Dec. 2019

Office of Disability Accommodations, University of North Texas

- Recorded detailed notes of each class session for an advanced psychology course to be used as an aid for students with a disability
- Awarded a letter of commendation upon completion

PROFESSIONAL AFFILIATIONS

American Psychological Association Student Member

Aug. 2020 – Present

Association for Behavioral and Cognitive Therapies Student Member

Nov. 2019 – Present

- Conducted co-review of abstract submissions for 2020 conference

Member of Psi Chi International Honor Society in Psychology

Dec. 2018 – Present

HONORS AND AWARDS

Psi Chi Regional Research Award, Southwestern Psychological Association (\$400)

Jan. 2020

Voertman-Ardoin Scholarship in Liberal Arts, University of North Texas (\$2,000)

May 2019

UNT Scholarship for Continuing Students, University of North Texas (\$1,000)

2018-19

President's List (Honor Roll 4.0 GPA)

2018-19

UNT Excellence Scholarship, University of North Texas (\$5,000)

2017-18

Summer UNT Tuition Grant (\$1,500)

May 2017

Dean's List (Honor Roll 3.5 GPA and above)

2016-17

First Year Student of the Month, National Residence Hall Honorary

Aug. 2016

TRAININGS COMPLETED

Evidence Based Behavioral-Practice

Sept. 2020

- EBBP Process
- Introduction to Systemic Reviews
- Searching for Evidence
- Critical Appraisal
- Randomized Controlled Trials
- Shared Decision-Making with Individual Clients
- Collaborative Decision-Making with Communities
- Stakeholder Dialogue about Evidence Based Practice
- Implementation of Evidence-Based Practices

Department of Family Protective Services

Oct. 2019

Trauma and Trauma Informed Care

University of North Texas Risk Management Services

Aug. 2019

- Bloodborne Safety Training
- Biosafety Level II Training
- Laboratory Waste Safety Training

Collaborative Institutional Training Initiative (CITI) Social & Behavioral Research	Oct. 2018
National Institute of Health (NIH) Protecting Human Research Participants,	Oct. 2018
Texas Department of Family and Protective Services Reporting Suspected Abuse or Neglect of a Child: A Guide for Professionals	Oct. 2018

SOTWARE EXPERIENCE

IBM Statistical Package for the Social Science (SPSS)

- Analysis of data for recruitment activities and personal/poster projects
- Enter and check data for over 100 participants and multiple different databases
- Clean data for several databases
- Run analyses for independent and collaborative research projects
 - T-tests
 - Correlations
 - ANOVA
 - Bivariate logistic regression
 - Cross-lagged panel analyses
 - Linear regression

BioPac MP150

- Affix participants to electrocardiogram and galvanic skin response electrodes to measure heart rate and skin conductance
- Monitor live readings of physiological data to flag spikes and abnormalities

Qualtrics

- Design, create and distribute surveys
- Export data to SPSS
- Monitor participant progress

Redcap

- Design, create and distribute surveys

Microsoft Excel

RELEVANT COURSEWORK

Advanced Psychology	Abnormal Psychology Developmental Psychology Social Psychology Intro to Perception & Cognition	Personality History and Systems Sexual Behavior
Statistics and Research Methods	Elementary & Probability Statistics Experimental Methods	Quantitative Methods
Counseling	Principles of Counseling I & II Diversity and Cultural Awareness Group Processes in Helping Relationships	Interpersonal Skills Micro-Counseling Therapeutic Play
Advanced Spanish	Spanish for Social Services Conversation for Non-Native Speakers	Spanish Grammar

PROFESSIONAL REFERENCES

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