

Curriculum Vitae

Sarah E. Wilson
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EDUCATION

Bachelor of Arts, Psychology
Minor in Developmental and Family Studies
University of North Texas
Magna Cum Laude, May 2015

RESEARCH EXPERIENCE

University of North Texas
Teen Stress and Alcohol Research (S.T.A.R.) Laboratory
December 2013-February 2016
Positions: Research Assistant, Data Entry and Protocol/Semi-structured interview trainer
Screened participants over phone, regularly completed hour-long follow-up calls to participants consisting of semi-structured interviews, recruited participants for a vulnerable population (adolescents endorsing alcohol use), entered data in SPSS

- *The Role of Stress and Anxiety in Adolescent Health-related behavior*
 - Assisted in running 2 hour protocol that involved taking physiological measurements, administration of social stress task, conduction of semi-structured interview.
- *Social Anxiety and non-Medical Prescription Stimulant Use among Emerging Adults.*
 - Helped develop original measure, protocol, and run participants. Created online surveys using Qualtrics, took salivary samples to obtain cortisol and alpha amylase levels, administered physiological measurements and social stress task

CONFERENCE PRESENTATIONS

1. Bynion, T., **Wilson, S.**, Cloutier, R. M., Douglas, M. E., Jamison, L., Pogue, J., & Blumenthal, H. (2015). *Dimensions of Parenting in Relation to Social Anxiety among Female Adolescents*. Poster Submitted for presentation at the 49th annual meeting of the Association for Behavioral and Cognitive Therapies, Child and Adolescent Anxiety Special Interest Group, Chicago, IL.
2. Baxley, C., Cloutier, R., Powell, H., **Wilson, S.**, Jamison, L., Blumenthal, H. (2015). *Gender differences in the effect of social anxiety on drinking behaviors among adolescents*. Poster accepted for presentation at the 49th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

3. Edwards, B.C., Cloutier, R., Dunham, K., **Wilson, S.**, Powell, H., Blumenthal, H., (2015). *Maladaptive coping and frequency of physical aggression among college students*. Poster accepted for presentation at the 49th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

CLINICAL EXPERIENCE

The Child Mind Institute, NY, NY

Full-Time Intern, Summer 2014

Total hours: ~400

Responsibilities:

- Observed and took part in treatment and assessment of children with anxiety disorders daily
- Went to public school weekly for small group Cognitive Behavioral Intervention for Trauma in Schools (CBITS) for children aged 8-12
- Administered evidence-based treatment as counselor for Brave Buddies; one-on-one weeklong intensive treatment program for Selective Mutism
- Counselor and created and implemented lesson plans for Summer Scribblers, one-on-one weeklong intensive treatment program for children with difficulty writing and learning disabilities
- Attended multiple staff meetings weekly and contributed to differential diagnoses
- Gave weekly presentations to supervisor and other interns
- Attended weekly seminars given by different experienced clinicians with a wide array of specialties

TRAINING COMPLETED

University of North Texas, Risk Management Training Required for Direct Contact with Biological Data

- Online Laboratory Waste Training, February 2014, November 2015
- Online Blood borne Pathogen Safety Training Program, February 2014
- Online Biosafety Level Two Safety Training Program, February 2014

Child Mind Institute

- Online Trauma Focused Cognitive Behavioral Therapy (TFCBT) training for Cognitive Behavioral Intervention for Trauma in Schools (CBITS).
- 10hr in-person training for Brave Buddies, including training in Child Directed Interaction (CDI), a subset of Parent-Child Interaction Therapy (PCIT).

HONORS AND SCHOLARSHIPS

- 2014-2015 General Academic Scholarship (\$1,000)
- Spring 2015 Deans List, College of Arts and Sciences
- Spring 2014, Presidents List, College of Arts and Sciences
- Fall 2013 Deans List, College of Arts and Sciences
- Spring 2013 Deans List, College of Arts and Sciences
- 2012-2013 General Academic Scholarship (\$1,000)
- Fall 2012 Deans List, College of Arts and Sciences

- Spring 2012 Deans List, College of Arts and Sciences
- Fall 2011 Presidents List, College of Arts and Sciences

ORGANIZATIONS:

North Texas Active Minds 2013-2015

-Secretary-Fall 2014-2015

- Manage meetings and members

-Social chair-Fall 2013 & Spring 2014

Talons Spirit and Service, University of North Texas, Fall 2012

Attended university events and acted as a model of school spirit

VOLUNTEERING:

United Through H.O.P.E.-September 2014-May 2015

- Weekly, Help manage and teach social skills to large group of children with wide range of physical and psychological disabilities

Child Mind Institute Brave Buddies –August 2014, August 2015

Success for Life Through Reading UNT –Fall 2013

- Read book and created/completed accompanying activities once a week at local pre-school classroom of 15 children

OTHER RELEVANT EXPERIENCE:

Kumon Learning Center-Primary Instructor- October 2015-Present

-Provide direct academic instruction, time management techniques, and behavioral modification to young children with and without learning, intellectual, and social disabilities enrolled in the Kumon Math and Reading programs.