



UNT COUNSELING PSYCHOLOGY

Newsletter Volume: XVIII , No. 2

Fall 2017

Greetings from the DCT!

Dear Alumni, Colleagues, and Friends of the UNT Counseling Psychology Program, Greetings!

I hope you all enjoy the cooler seasonal weather. Our program has recently made some important modifications in the training curriculum to continue the upward trend and reflect the new focus of psychological practice. For instance, the program faculty have identified five specific aims which cover the new APA profession-wide competencies such as professional identity development, cultural diversity issues, evidence-based practice, and scientific foundation of psychological practice. Furthermore, we now wrapped vocational counseling experiences into the 3rd year practicum at CTS which will enable our 2nd years to focus on developing fundamental clinical skills through their practicum in the Psychology Clinic. In addition, the program will be using mock EPPP as the new format of the comprehensive exam, starting from the... **Greetings continued on Page 10**



Department Chair Address

Dear Alumni,

Greetings from the UNT Psychology Department! This year our Bonney Endowed Chair Visiting Lecture Series has highlighted assessment and each program is bringing in speakers. Last Spring we had Dr. Les Morey here, author of the PAI. On Oct. 16, 2017 Dr. Kris Anderson from Reed College will be here speaking about her research addressing adolescent substance abuse and the innovative assessment methods she has developed. I plan to work with the Counseling Psychology program to identify a speaker for next spring. We look forward to seeing alumni at these talks.

On Friday November 10, 2017 we will have our annual Research Fair from 11 AM to 1 PM in the Environmental Science building atrium. Many of our graduate students and faculty will be there presenting posters discussing their research. Saturday November 11 is Homecoming, so a great time to come back to campus!



If you haven't visited Denton in a while there are a lot of changes downtown around the square, and on campus including a new Union Building and Apogee Stadium. We would love to have you meet our current faculty and graduate students, and visit faculty you worked with when you were at UNT.

Cordially,

Vicki Campbell, Ph.D.
Department Chair

In This Issue

- Faculty Updates
(Page 2)
- Faculty Spotlight
(Pages 3-4)
- Alumni Check-in
(Pages 5-6)
- Student Rep Update
(Page 7)
- Student Update
(Page 8)
- Meet the First Years
(Page 9)
- Counseling Psychology Speaker Series
(Page 11)
- 2016-2017 graduates
(Page 12)
- Student Council Update
(Page 12)



Faculty Updates

Our faculty have been up to some amazing things this year!

Dr. Trish Kaminski is currently on sabbatical for Fall 2017 and is finding time to do research, to participate (and even chair) students' theses/dissertations, and to spend some well-deserved time with her family.

Dr. Shelley Riggs has had a busy year in 2017! She was promoted to Full Professor in 2017 and currently serves as the Vice-President of Education for APA Division 43, Society for Couple and Family Psychology. The Family Attachment Lab now has 5 undergraduate members and 11 graduate members, four of whom are applying for internship this year. She also published a chapter in German (Der Zyklus des emotionalen Missbrauchs im Bindungsnetzwerk) but can't read the book! (Brisch, K.H. (Ed.) (2010), Bindung und emotionale Gewalt).

Dr. Mark Vosvick is currently serving as the Chair for the UNT Graduate Council and is the Director of the department's Undergraduate Curriculum Committee. He is also very active in NIH grant reviewing panel.

Dr. DC Wang offered the Cross-Cultural Psychology Study Abroad course for the third time in Summer 2017. Six doctoral students and 19 undergraduate students from the Psychology department participated in this course and went to Beijing and Inner Mongolia with him for 18 days. It was a great cross-cultural immersion experience. This course will be offered again in summer 2018.



Dr. Wang in China with his study –abroad students

Dr. Wang had four articles published in this year and three of them are with our students and faculty. See below for these three articles:

- Barnett, M., D., Sligar, K. B., & Wang, C. D. (2017). Religious affiliation, religiosity, gender, and rape myth acceptance: Feminist theory and rape culture. *Journal of Interpersonal Violence*. Advance online publication.
- Shelton, A., & Wang, C. D. (2017). Adult attachment among U.S. Latinos: Validation of the Spanish Experiences in Close Relationships Scale. *Journal of Latina/o Psychology*. Advance online publication.
- Shelton, A., Wang, C. D., & Zhu, W. (2017). Perceived social support and mental health: Cultural orientations as moderators. *Journal of College Counseling*, 20, 194-207.

In August 2017, Dr. Wang attended the 2017 APA convention with four of his doctoral advisees to present their research projects. In Spring 2017, he attended the 2017 American Association of Behavioral and Social Science conference with 2 of his doctoral advisees and 5 undergraduate research assistants to present their studies.

Dr. Ed Watkins had three articles published this past year:

- Watkins, C. E., Jr. (2017). Convergence in psychotherapy supervision: A common factors, common processes, common practices perspective. *Journal of Psychotherapy Integration*, 27, 140-152.
- Watkins, C. E., Jr. (2017). How does psychotherapy supervision work? Contributions of connection, conception, allegiance, alignment, and action. *Journal of Psychotherapy Integration*, 27, 201-217.
- Watkins, C. E., Jr. (2017). On principles of educational change and principled action in psychotherapy supervision. *Journal of Contemporary Psychotherapy*, 47, 163-172.

Dr. Watkins also presented two posters — “Psychoanalytic Supervision As a Nomological Network of Binding Commonalities” and “How Does Supervision Work? The Contextual Psychoanalytic Supervision Relationship Model” as part of the Division 39 (Psychoanalysis) program at the 2017 meeting of the American Psychological Association.

Drs. Joshua Hook and Trent Petrie were both on sabbatical for the Spring 2017 semester! See pages 3 and 4 for our Faculty Spotlight section that highlights their accomplishments in the past year!

Faculty Spotlight: Dr. Trent Petrie

We will be celebrating our 20th year for the Center, which was established in 1997-1998. Since its inception, over 40 students have trained in it and now are established professionals themselves in the field, working in university athletic programs, counseling centers, private practices, hospitals, business, and the USOC. In August, I received the award for Outstanding Education and Mentoring in Sport Psychology from Division 47 of APA. I was nominated for this award by former students, which was such an honor in and of itself.

Over the last year, my colleague Dr. Dana Voelker (WVU) completed our NCAA grant funded project called "Bodies in Motion." We developed and tested an intervention that was designed to assist female athletes in feeling better about themselves and their bodies. Based in mindful self-compassion and cognitive dissonance theory, the athletes are taken through four sessions in



Dr. Petrie with the students at Loughborough University



Dr. Petrie hiking in Marin, CA

which they get to challenge society's conception of female beauty and redefine that construct for themselves. Our initial study, which was complete across 10 different universities, has demonstrated that athletes who go through the program benefit in terms of feeling more positive about themselves and their bodies. After presenting our results to the NCAA in January, we now are ready to make the program available to universities across the U.S.

Our research team continues to be productive and engaged, presenting at different conferences (AASP, APA) and publishing in a range of sport psychology journals (e.g., Journal of Sport and Exercise Psychology). We have several studies going on right now, such as (a) the effectiveness of psychological interventions on recovery from ACL surgery, (b) the development of grit among athletes, (c) body image and disordered eating among female collegiate athletes, and (d) the effects of different forms of feedback on sport performance. As an example, in the feedback study, we have found that telling athletes that their performance was due to "hard work" vs. "talent" can lead to significant improvement in subsequent performances (upwards of a 30% improvement). This research, we hope, will lead to changes in how coaches

interact and communicate with their athletes.

On a personal note, there have been some fun and important events that have occurred. In spring 2016 I was in England for sabbatical, working with colleagues at Loughborough University. While there I was able to sit in on a couple of graduate sport psychology classes, work with colleagues on research, get to know the graduate students and the training they go through, and just enjoy the English countryside. My daughter Kyla was in London during this period so we were able to get together once in a while to see a show and travel (Italy and Greece). And speaking of children, Braeden has just completed his sophomore year at UCLA where he is focusing on the music industry. Kyla graduated in May from Wellesley College and has spent the summer applying to medical schools. She will head back to Wellesley for the 2017-2018 academic year to work in their Psychology Department. Finally, I will be having surgery at some point this fall to repair my shoulder's rotator cuff and labrum. I am going to have to learn to type with only left hand!

Faculty Spotlight: Dr. Joshua Hook

It has been a busy year for The Positive Psychology Research Group. I was on sabbatical for the Spring 2017 semester, but my awesome students kept everything running smoothly in my absence. Here is a quick summary of their accomplishments over the past year:

Sam Reyna successfully defended his dissertation, "Self-Enhancement Processes in Couples," completed his clinical internship at the counseling center at Central Washington University, GRADUATED!!, and obtained a post-doctoral position at Great Life Counseling Center in Addison, Texas.

Jenn Farrell successfully defended her dissertation, "Humility and Attachment in College Student Romantic Relationships," and matched for internship at the counseling center at the University of Central Florida. She also published 3 peer-reviewed journal articles and 1 book chapter, including a second-authored paper in the *Journal of Counseling Psychology*.

David Mosher successfully defended his thesis, "Cultural Humility, Religion, and Health in Lesbian, Gay, and Bisexual (LGB) Populations." He also published 1 peer-reviewed journal article and 1 book chapter, including a first-authored book chapter in the *Handbook of the Humility*.

Steve Coomes and Hansong Zhang hit the ground running in their first year. In addition to running my lab, supervising the undergraduate RAs, and making progress on their thesis projects, Steve gave a first-authored presentation on self-forgiveness at the Christian Association for Psychological Studies conference, and Hansong had a first-authored paper accepted for publication in the *Psychology of Religion and Spirituality*.

I had a busy year as well. I kicked off two grants from the John Templeton Foundation. The first grant looks at humility in leadership across three different settings (i.e., business leaders, religious leaders, and humanitarian aid leaders). The second grant explores how to effectively integrate psychological science into church ministry. Also, we're about halfway finished with a grant project studying how people respond psychologically and spiritually when they experience a natural disaster. In Fall 2016, I helped lead a group of about 20 people (including faculty members and students) from 3 universities as we deployed to Baton Rouge, Louisiana to collect data from residents after the flooding that happened there.

I also published 3 books, which all of you should buy :)

Handbook of Humility, which summarizes psychological research on humility (<https://www.amazon.com/Handbook-Humility-Theory-Research-Applications/dp/1138960012/>)

Helping Groups Heal, which is a resource to help people lead small groups from a Christian perspective (<https://www.amazon.com/Helping-Groups-Heal-Transformation-Spirituality/dp/1599474859/>)

Cultural Humility, which is a practical multicultural counseling book (lots of exercises and case examples) with a focus on humility (<https://www.amazon.com/Cultural-Humility-Engaging-Diverse-Identities/dp/1433827778/>)

Finally, on a personal note, I continued my blog about personal and spiritual growth (www.JoshuaNHook.com) and I got married!! I'm excited to be back from sabbatical and rejoin my community here at UNT.



Dr. Hook and several of his lab members at a conference in 2017



Alumni Spotlight: Dr. Gary Rochelle

I am Gary B. Rochelle, Ph.D., a graduate of the UNT Counseling Psychology program in 2000. I completed the Marriage and Family cluster, but I also created my own specialty in neuropsychology while I was there. In addition to the neuropsychology courses at UNT, I completed a two-semester class in developmental neuropsychology at TWU, and I took a course in medical neuroscience at the UNT Health Science Center in Fort Worth. I had several externships in neuropsychology-related sites, including a year-long stint with Cook Children's Medical Center in Fort Worth. My dissertation investigated the concurrent validity of neuropsychological instruments with a pediatric population in the Neurooncology Clinic at Cook's, where I received a grant to facilitate the research. With this background, I secured a Division 40 internship in Neuropsychology at the VA Hospital in New Orleans. Subsequently I completed a post-doctoral fellowship in neuropsychology at the University of Texas Southwestern Medical Center.



Dr. Rochelle and DR Associates of North Texas

For the past 15 years, I have worked as a hospitalist, providing psychological and neuropsychological services to a wide variety of medical populations at an acute medical center, acute rehabilitation facilities, long-term acute care facilities, and skilled nursing facilities. On my return to Texas, together with Jay D. Duhon, Ph.D., I founded DR Associates of North Texas, a mental health group practice. Our group has grown to include seven neuropsychologists, two social workers, a rehabilitation counselor, and a full-time testing technician. We also have two psychology externs from UNT, a psychology intern from the Chicago School of Professional Psychology, and a Licensed Professional Counselor intern from Southern Methodist University. In November, a practicum student from the Psychiatric Nurse Practitioner program at Walden University will be joining us. We love working with students, and we are interested in developing an APA approved post-doctoral fellowship in neuropsychology in the near future.

DR Associates' hospitalists provide services in 14 medical facilities in the North Dallas area, including Allen, Plano, Garland, Carrollton, and the mid-cities. Our Plano outpatient facility has recently expanded to over 5200 square feet of office space. In addition to psychological, pre-surgical, FAA, and neuropsychological evaluations, we provide outpatient counseling with specialties in anxiety, depression and grief, adjustment to medical illness and disability, posttraumatic stress, and substance abuse. We currently offer a cognitive remediation group for stroke and brain injury. Next month, we will initiate a group in anger management, and a smoking cessation group is in development. We are also in discussions with a local Internist and Evoke Neuroscience, Inc., to develop a grant and research project looking at the concurrent validity of Evoke with standard neuropsychological test instruments. Evoke is a new, sophisticated software program that produces a profile of brain physiology based on EEG evoked potentials and ECG.

I can assure you that I was well prepared for the practice of psychology with the education and training I received at UNT. Study hard, try to be flexible with opportunities that present themselves to you, and trust the process. All the hard work and sacrifice will be well worth it in the end. And remember, DR Associates of North Texas is always hiring exceptional clinicians like those produced by UNT!

Update from our Alums!

Estee Marchesani, Ph.D.

Hi, I'm Estee Marchesani and I graduated in August 2015. I am enjoying my transition from student to licensed psychologist, while learning so much along the way! I fill my time between my private practice in Dallas and seeing students at the University of Texas at Dallas (UTD) Counseling Center. I completed my internship at UTD, so it's been nice to be with familiar folks as I build my practice. I specialize in treating relational trauma, due in large part to my research on Complex PTSD under Dr. Trish Kaminski. I find working with this population incredibly meaningful. I sought additional training in Eye Movement Desensitization and Reprocessing (EMDR), which is a powerful psychotherapeutic approach used to treat trauma. I find myself missing classes and being around such a rich learning environment at UNT, so I have really enjoyed learning an additional approach to therapy, attending consultation groups, and being involved with A Home Within (AHW). AHW is a non-

profit organization that connects foster youth and young adults who have aged out of the foster care system to therapists, who provide as much therapy as they need for no charge. Being able to provide consistent support to someone who has never had that, is incredibly powerful. It might sound strange, but I really do miss school at times. Therefore, my three pieces of advice for current PhD students are: 1) to connect wholeheartedly with your wonderful faculty, classmates, and friends at UNT. They could become lifetime friends, mentors, and colleagues. 2) It may feel like grad school will never end, but I promise it will be over before you know it, so try to soak in as much as you can! 3) Never stop learning and asking questions.



Robyn Campbell, Ph.D.

I recently completed my clinical psychology internship with an emphasis in Rural Mental Health at the South Texas Veterans Health Care System (STVHCS). My experience within the STVHCS was amazing; I worked with our rural Veteran population, obtained quality training in evidence-based practices, and an added bonus was being located in the Texas Hill Country! Working (and living) in a small rural community can bring about interesting situations which has led to enriching discussions with colleagues regarding unique ethical dilemmas that you may not encounter in urban settings.

I was told internship would be a demanding year and it would quickly fly by. It did. I grew as a therapist and successfully defended dissertation! So, yes, there is life after dissertation, y'all! Despite the busy year, I made time for myself; I trained for and ran my first 5k!!

What next? I am continuing my training at STVHCS as the Rural Mental Health Psychology Fellow. This last year of formal training is tailored to meet my career goals that included obtaining licensure, and in-depth clinical experience working with general mental health and trauma, substance use disorders, and primary care/mental health integration. Also, I hope to provide community outreach with the aim of engaging our younger Veterans in treatment, as well as provide training with VA staff to bring awareness to personal biases with the hope to reduce stigma related to mental health. Another full year, yet there will be time to venture out and explore the beautiful hill country – hiking, kayaking and possibly another 5k (or 2)!



Student Rep Corner

Self Care: Is it Even Possible?

We're so excited to welcome our incoming cohort of students! Each of you is a wonderful gift to our program as we continue to build a culture of collaboration, authenticity, and mutual growth. These years in grad school—perhaps more than any other season of our lives—are a critical period in our development as therapists, researchers, and teachers.

Some days, though, it feels more like survival. Self-care and grad school often seem like oxymorons! How on earth are we supposed to take care of ourselves, practice self-compassion, and honor our limitations with never-ending reading, thesis/dissertation deadlines, teaching prep, and soo many progress notes looming over our heads? Not to mention assessments, grading, and our own assignments for classes.

17-hour days are no joke, ya'll! As we dive into another semester, here are a few ideas:

Squad Care

Going to grad school is associated with higher rates of stress, depression, and anxiety—none of us are exempt. Where we get in trouble is when we think we're the *only* one struggling. Squad care was first introduced at the UNT Equity and Diversity Conference during a Q&A panel with Melissa Harris-Perry. When someone asked her if she had any tips for students as they begin grad school, she reflected on the importance of community. "Squad care reminds us there is no shame in reaching for each other and insists the imperative rests not with the individual, but with the community. Our job is to have each other's back." Dr. Harris-Perry wrote a great article about it that you can check out [here](#).

Without a doubt, it was the extraordinary support of my "squad" that allowed me (Danna) to make it through my first year. From quick runs to Jimmy Johns before class to processing the week over pizza at one of our places, holding each other accountable to eat, sleep, laugh, and take it one day at a time has kept me afloat. I hope we can continue to foster an environment where squad care is a priority to us all.

Anticipatory Self-Care

Self-care in the moment isn't always possible in the teaching-clients-class-meetings switcheroo that is often our daily routine. In those moments, as I dash across campus to don a different "hat," I (Laura) have been trying to discipline my mind. Rather than focusing on the chaos, I visualize what's on the other side. Thai food on the way home. My own therapy session. Hanging out with friends. Running. Watching a show. Sleep! I like to think of this visualization practice as *anticipatory self-care*. After all, we have enough anticipatory anxiety!

In Dr. Riggs' trauma class last spring, we read a really [helpful article](#) by Dr. Sharon Mailloux (2014), challenging us to view self-care as "an essential part of the workday." It's part of being an ethical psychologist—just as critical as treatment planning, writing notes, and supervision. I know I am my best self when I am well-rested and connected with others. When I eat good food and take care of my body. Let's be honest, though, these things can be the *first* to go when we look at our looming to-do lists. We can work together to be kind to ourselves, and intentionally plan the ways we'll do that when our long day in Terrill is done!

It has been said, "If you want to go fast, go alone, but if you want to go far, go together." Grad school is a marathon we're running, not a sprint. And every marathon has pit stops to grab water and re-fuel.

What are yours?



2017-2018 Reps
Laura Captari and Danna Bismar

Student Spotlight: Jenn Farrell

I'm brand new to my internship at the University of Central Florida (UCF) Counseling and Psychological Services. I've been living in Orlando, Florida for less than a week, and have only spent one day on internship at this point! Leaving Denton and UNT after four years was more difficult than I expected. I miss the familiarity of the area, people I've worked with, my cohort-mates, and of course...Texas barbeque!

The experience of applying for internship was an exhausting process, but one that flew by quickly. Starting the summer before internship I began narrowing down sites I was interested in applying to, based on a number of factors. Personally, I wanted to work in college counseling, hoped to have the chance to see couples, supervise a student clinician, and choose from a variety of groups to co-lead. What I realized when I began interviewing with sites was the importance of feeling a "click." Much like I find myself doing in therapy sessions, I paid attention to how interpersonal dynamics felt during my Interview. Interestingly, I found that it was those interviews where something went wrong (i.e., the Skype con-



Jenn is currently is on internship at the University of Central Florida

nection was bad), that I learned most about the staff and climate at a site.

Although I'm just beginning internship, and my plans could certainly change, I hope to continue working in college counseling. I'm especially interested in working with couples and individuals experiencing relationship difficulties, grief, and interpersonal trauma.

Student Spotlight: Alex Thompson



Alex is on internship at NC State University

Hello from the east coast (ish)! A quick word to all of those currently applying for internship: IT WILL HAPPEN! It is quite a long and tedious process, and may feel a bit redundant (counting and recounting hours, researching and re-researching programs, answering the same interview questions, etc.)

The good news is, aside from the fact that we are quite well accustomed to repeating steps such as with our dissertation drafts or assessment reports, the effort is totally worth it and it will all work out as it is meant to. I'm currently in the midst of my (fourth/fifth/eighth – depending on when newsletter goes out) week at NC State Coun-

selling Center. I'm in a fortunate and unique circumstance in which I completed a 20-hour practicum here last year, so there is less adapting to a new system and new people than might be typical for a Doctoral Psychology Intern. However, this particular counseling center is huge (over 50 staff members!) and contains unique systems and processes for meeting the demand of a school with a population of over 33,000 students. I'm very excited to get extensive training within their system, with experiences such as co-facilitating an Eating Disorder Recovery group, working on a satellite campus for their engineering students, supervising a masters-level student, participating in numerous outreach opportunities, and working with their sport psychologist in Athletics (Dr. Michelle Joshua, a UNT sport psych alum!) I know this year is going to fly because it already is and we are just getting started. Next year, I'm primarily interested in looking at post-doc or staff member positions at UCCs or housed within Athletics, and secondarily interested in joining a private practice in which I can further hone my areas of interest (i.e., sport performance/athletics, disordered eating/body image, cognitive and neuropsychological assessment). Good luck to everyone, and please get in touch with any questions/advice or just to say hi!

Meet the First Years!

UNT is excited to introduce our 2017-2018 Cohort



2017-2018 Cohort at Orientation Day



Tosha Griggs

From: Lake Dallas, TX
 B.S. from University of North Texas
 Counseling Psychology
 Child and Family Cluster
 Advisor: Dr. Mark Vosvick



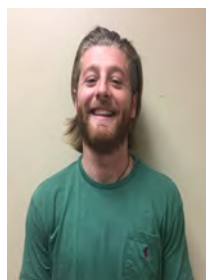
Adam Hodge

Hometown: Siloam Springs, AR
 B.A. in Psychology/Family and Human Services from John Brown University
 M.S. in Marriage and Family Therapy/Clinical Mental Health Counseling from John Brown University
 Child and Family Cluster
 Advisor: Dr. Hook



Wan-Ju Chao

Hometown: Taichung, Taiwan
 B.S. in Psychology at National Taiwan University
 M.S. Ed. in Counseling and Mental Health Services Program at the University of Pennsylvania
 Child and Family Cluster
 Advisor: Dr. Chiachih DC Wang



James Rushton

Hometown: Atlanta, GA
 B.A. from University of Pennsylvania
 Sport Psychology Cluster
 Advisor: Dr. Kaminski



Kaleb Cusack

Hometown: Meno, Oklahoma
 B.S. Psychology, Minor in Coaching Science from Oklahoma State University
 M.A. in Psychological Sciences from James Madison University
 Sport Psychology Cluster
 Advisor: Dr. Trent Petrie



Andy (like Toy Story) Walsh

Hometown: Clinton, IN
 B.A. in Psychology from Wabash College
 M.S. in Kinesiology and M.A. in Counseling from Ball State University
 Sport Psychology Cluster
 Advisor: Dr. Trent Petrie



Cameron "Cam" Davis

Colleyville, Texas
 M.S. in Clinical Mental Health Counseling from Southern Methodist University
 B.S. in Psychology at Texas A&M University
 Minority Wellness Cluster
 Advisor: Dr. Vosvick



Gabby Weierbach

Hometown: Houston, TX
 B.A. in Psychology from Auburn University
 M.A. in Clinical Psychology from Western Carolina University
 Child and Family Cluster
 Advisor: Dr. Shelley Riggs

Continued from Page #1 2018 AY which we hope will help our students become more prepared for the exam required for their license.

Fall is the season of the harvest and our alums are our greatest assets. As the program Director, one of the goals I have is to strengthen the connection between our alumni and the program. Specifically, we plan to invite our alumni to come back to the home program to give research talks, host small group programs for current students, and/or offer round table or panel discussion to share your experiences about practical and professional development issues such as career path selection, job searching tips, how to establish a private practice, etc. I would like to arrange similar programs once each semester to increase alumni's involvements and interactions with current students. Dr. Craig Henderson (graduated in 2001 and currently a full professor in the Clinical Psychology Program at Sam Houston State University) has agreed to return to the UNT campus on December 1st (Friday) to give a research talk and host a student focus group. I will soon reach out to other alumni who are in the DFW areas and hope you will agree to share your wisdom with our current students.

In the department office, we have a program activity account which covers the costs of various program functions, including the mock internship interviews, campus interviews for admissions, town hall meetings, and invited talks. Donation to this account is tax deductible and your generous support of any amount (e.g., \$10-\$100) will enable us to accomplish more extra programs to assist our students. Please contact me at dcwang@unt.edu or at 940-565-2678 if you would like to get more information about the specific steps of making the donation.

You are welcome to contact me via email or phone if you have any suggestions about enhancing our training program or would like to volunteer to contribute to any of our training activities. Thank you in advance for your time. I look forward to hearing from you soon.

Chiachih DC Wang, Ph.D.
Director, Counseling Psychology Ph.D. Program

DEPARTMENT OF PSYCHOLOGY
College of Arts & Sciences



The Bonney Endowed Chair Visiting Lecture Series

The Department of Psychology hosted the Bonney Endowed Chair Visiting Lecture Series in April, 2017, featuring Leslie Morey, Ph.D. Dr. Leslie Morey, the George T. and Gladys H. Abell Professor at Texas A&M University, is a recognized expert in psychodiagnostic assessment and psychiatric classification. Dr. Morey has developed many assessments currently used world-wide including the Personal Assessment Inventory (PAI). UNT was fortunate enough to have Dr. Morey come to campus to give his lecture on the DSM-5 Alternative Model for Personality Disorders: Rationale and Research. Thank you Dr. Morey!





Counseling Psychology Speaker Series

Core Elements Among Empirically-Supported, Family-Based Treatments for Adolescent Substance Use: Conceptual & Empirical Approaches



Craig Henderson, Ph.D.

Professor, Clinical Psychology Program, Sam Houston State University
Alumnus of UNT Counseling Psychology Program

Student Focus Group*: Friday, Dec 1st 2017 TH 346, 12-1pm
Research Talk: Friday, Dec 1st 2017, TH 281, 2-3pm

*pizza will be provided during student focus group; space is limited; e-mail dannabismar@my.unt.edu to reserve a spot.

The talk will focus on a NIDA-funded collaboration Dr. Henderson has been involved in with researchers at the Center on Adolescent Substance Abuse in New York City. Research aims are focused on empirically distilling the core intervention techniques of manualized family-based treatments for adolescent substance use in order to produce a non-proprietary, psychometrically valid quality assurance (QA) toolkit that can promote high-fidelity implementation of family therapy by community practitioners in routine care.

Graduate Student Council Update

Often recognized as social justice agents, Counseling Psychology professionals are often faced with the opportunity to stand on the frontlines of social justice issues. In our daily work we are each uniquely positioned to feel and respond to a large portion of injustices surfacing in this hour.



Randi Jackson
GSC Senator, Counseling Psychology Representative

We advocate.
We connect.
We empower.

UNT's Graduate Student Council (GSC) shares the Counseling Psychology department's commitments, and wants to partner with YOU in your pursuits. The GSC was formed in 2015 to work on your behalf. As a multi-purpose organization, the GSC has seen and heard the need for support in ongoing social justice efforts by graduate students at our university.

That's where we come in. Tell us about the issues that move you. Tell us what's important to you. Tell us how you speak with your feet, and how we can partner with you! If there are needs or gaps in your pursuits of justice (from human to financial resources), the GSC wants to help fill them!

The GSC is committed to making our experience as graduate students as meaningful as possible. Visit <http://tgs.unt.edu/gsc> for resources and contact information.

Editor's Column



Can you believe fall is already here? There are lots of exciting things happening this semester at UNT including the addition of our awesome new cohort (see page 9), each of whom contribute to the success of our program in numerous ways. Our students (in all their free time!) are finding ways to get involved in the field and in the community by giving lectures, presenting at conferences, working on publications, and honing therapy skills to become effective therapists! We have seven students applying for internship this year and we are looking to host another Mock Interview Night on November 16th! As you all are aware, the political and social climate in our country has changed significantly in recent years. UNT students have not been immune to these shifts and as a result, social advocacy has become more important than ever. Along with several students in the Psychology Department, one of our 5th year students, Arubah Khan, founded Psychology Advocates for Social Change (PASC) as a way to create a dialogue to address the social, psychological, and physical welfare of all people with the intention to promote inclusivity, protest injustice, challenge complacency, and encourage research and practice that advances the psychology field. Though many things are changing here in Denton, the dedication from faculty and students alike remains unaffected. We are working hard to continue the stellar reputation that you all have built for our UNT family and would love to hear from you about your own professional development!

If you would like to contribute to our next newsletter, please email me at kendraoosterhouse@my.unt.edu.

Warmly,
Kendra Oosterhouse, MA
Counseling Psy Program GSA

2016-2017 Graduates

Congratulations to the UNT Students on their Masters and Doctoral Graduation!

2016-2017 Masters Graduates

Bashir Abdullah	David Mosher
Erin Albert	Emily Raiche
Lauren Baxter	Kristina Rodriguez
Kristina Clevinger	Brittany Woolford

2016-2017 Doctoral Graduates

Robyn Campbell	Samuel Reyna
Thomas Nguyen	Alexander Brian Yu
Anne Michelle Hubbard Young	