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MEAN GREEN PSYCH MACHINE

UNIVERSITY OF
NORTH TEXAS,
PSYCHOLOGY
DEPARTMENT

VOLUME 2, ISSUE 1

SPRING 2011

Welcome Back! Note from the Department Chair

Welcome to the
Psychology Department!

Vicki Campbell, Chair

Hello!

First, congratulations to the 130 psychology majors who will be graduating this May! I hope I will see you at graduation. The department is interested in your plans following graduation and will be sending a brief questionnaire that I hope you will return to us. I wish you all the best with your future plans.

The faculty and I are glad that you have made the choice to major in Psychology. Psychology is a large and diverse scientific discipline, and your courses will provide education in the scientific basis of psychological knowledge and exposure to the many applications of psychology in everyday life. The scientific study of emotion, thinking, and behavior is relevant for a broad range of professions, and as a result we have over 1,000 majors. I would encourage you to make use of the Undergraduate Psychology Manual, which you can find on our website (www.psychology.unt.edu). It has useful information about the Psychology major at UNT, Psychology as a field of study, job oppor-



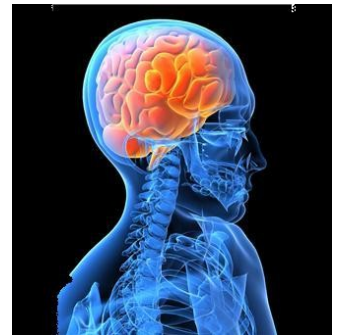
Dr. Vicki Campbell
UNT Psychology Dept Chair

tunities in Psychology, and information and advice about graduate school.

I also hope that you will or have gotten involved with research and our diverse faculty. Many students are currently involved in faculty research teams, work with faculty members and graduate students, and contribute to the many active research programs in the department. To get involved check our website, talk to the advisors about the type of research programs our faculty members are engaged in, and contact the faculty member. And be sure to check out our active Psi Chi (The International Psychology Honor Society) chapter.

I hope you have had a great semester.

Vicki Campbell, Chair



Note from Dr. Hayslip

We hope that this newsletter will be helpful to you in majoring in Psychology and in preparing for a career. It should answer many of your questions about majoring in Psychology at UNT and about Psychology as a career.

Should you have any questions or concerns as a Psychology major, do not hesitate to contact any faculty member or a Psychology Department advisor in Terrill Hall third floor. In addition, check the Undergraduate Bulletin Board on the third floor of Terrill Hall for important announcements and information.

Welcome!

Bert Hayslip Jr., Ph.D.
Director of Undergraduate
Instruction, Department of
Psychology
University of North Texas

CONGRATULATIONS
GRADUATES OF 2011!

How to obtain a degree in Psychology...

The Department of Psychology offers Undergraduate Psychology Majors 2 degree track options: **Bachelor of Arts** (35 hours total consisting of 17 hours of required core courses + 18 hours of electives (9 of which must be advanced)) or **Bachelor of Science** (35 hours total consisting of 23 hours of required core courses + 12 hours of electives, including an Honor's Thesis Project. The student must also have an overall GPA of 3.0 or greater and a Psychology GPA of 3.5 or greater)

Psychology pre-major required courses include: 1630 General Psychology I; 1650 General Psychology II; 2317 Quantitative Methods in Psychology; 2950 Experimental Methods in Psychology

Other Psychology courses include: 2480 Psychology of Adjustment; 2580 Health Psychology; 2600 Psychology of Interpersonal Behavior; 2650 Group Psychology; 3480 Psychology of Adult Development and Aging; 3490 Psychological Dynamics of Women; 3520 Introduction to Industrial Organizational Psychology; 3530 Psychology of the Offender; 3620 Developmental Psychology; 3630 Introduction to Psychological Measurement (required for BS only);

3640 Psychological Factors in Marital Adjustment; 3700 Ecological Psychology; 4000 Abuse in Adult Relationships; 4020 Psychology of Death and Dying; 4110 Interviewing for Paraprofessionals in Psychology; 4300 Psychological Issues related to HIV/AIDS; 4470 Psychology and Sexual Behavior; 4520 Psychology of Personality; 4600 History and Systems of Psychology; 4610 Abnormal Psychology; 4620 Abnormal Child Psychology; 4640 Physiological Psychology; 4690 Introduction to Learning; 4800 Introduction to Perception and Cognition

Psychology courses requiring approval from a faculty member: 4510*Psychology Practicum; 4900*Special Problems 4950 Honors Thesis (PSYC 4950) is a research requirement for completion of the B.S. in Psychology. It is the student's responsibility to contact a faculty member to supervise them and participation is at the discretion of the faculty member. Time to complete the Honors Thesis depends on student progress on the research topic chosen. Psyc 4950 should be enrolled in during the semester the student plans to complete the project (3 credit

hours).

*Students must have approval from (a) their supervisor at the Practicum side and (b) from a faculty member who agreed to serve as his/her Faculty Director from the UNT Psychology Department before enrolling in 4510 (1-3 credit hours).



The UNT Department of Psychology is proud to welcome the following faculty members:

Joshua **Hook**, Ph.D. is new faculty member in the Counseling Psychology program. He earned his Doctorate in Counseling Psychology from Virginia Commonwealth University in 2010. His research interests are in the areas of positive psychology (forgiveness, humility, religion and spirituality) as well as psychotherapy process and outcome, focusing on couples, tailoring psychotherapy to the individual client, and treating alcohol/drug abuse and addiction and sexual addiction. His office is Terrill 373 and he can be reached at Joshua.Hook@unt.edu.

Joshua **Bias**, Ph.D. is a new faculty member who is a lecturer and who oversees undergraduate advising. He earned his Doctorate in Counseling Psychology in 2005 from Texas A & M. His office is Terrill 366 and he can be reached at Joshua.Bias@unt.edu.

Several faculty positions are being advertised and hope to be filled as of Fall, 2011; the areas of research that are the foci of these positions are: **emotional and cognitive processes, minority health, and multicultural psychology**.

PSI CHI: "Being The Best That You Can Be"



"The art of being wise is the art of knowing what to overlook" -William James

"Man can alter his life by altering his thinking" - William James



PSI CHI

The Department of Psychologies Chapter of Psi Chi was established in 1948. Our chapter has been continuously active since that time and we encourage both Undergraduates and Graduate students to participate in our organization. The current officers for Psi Chi are:

President: Greg Allen

Vice President: Katrina Auwaerter

Secretary: Mikeyia Dawkins

Treasurer: Courtney Robinson

Service Chair: Daniel Steinberg

Service Co-Chair: Sarah Forsyth

Elected Officers for 2011-12

President: Sarah Forsyth

Vice President: Amanda Schneider

Secretary: Marlaina Montoya

Treasurer: Lauren Collier

Committee chairs will be elected in the fall.

The purpose and mission statements of Psi Chi were taken off of the National Chapters web www.psichi.org and are presented below.

Purpose Statement

Psi Chi is an international honor society whose purpose shall be to encourage, stimulate, and maintain excellence in scholarship of the individual members in all fields, particularly in psychology, and to advance the science of psychology.

Mission Statement

The mission of Psi Chi is to produce a well-educated, ethical, and socially responsible member committed to contributing to the science and profession of psychology and to society in general.

Our (UNT's) Chapter's basic requirements for membership are as follows:

The completion of at least 9 hours of Psychology course work.

A cumulative grade point average of at least 3.0 or above on all coursework and at least a 3.0 grade point average or above on all Psychology course work.

There is also a membership fee of \$55 to join.

Additional Information: If students are interested in joining Psi Chi, they can visit our website at www.orgsync.com. Just register, add UNT as a network, request to view the Psi Chi page. Notices of meetings and officer contact information can be found on the bulletin board on the 3rd floor of Terrill Hall adjacent to room 350. There is also a facebook group for our Chapter: <http://www.facebook.com/sk=2361831622#!/group.php?gid=41662821896>. This does not make you a member but it does provide valuable information for joining.

Meetings are one of the best ways to learn about the organization and we welcome anyone who is interested in joining to come and learn more about what we do. We look forward to seeing you all at our meetings.

Dr. Joshua Bias, Faculty Sponsor



What the Docs are really working on....

Joshua Bias, Ph.D., 2005 *Texas A&M University*

Interpersonal Relationships, Men's Issues, Learning Strategies

Adriel Boals, Ph.D., 2002 *North Carolina State University*

Stress and memory

Jennifer Callahan, Ph.D., 2003 *University of Wisconsin-Milwaukee*

Treatment outcomes, Stress, Resiliency following trauma

Vicki Campbell, Ph.D., 1984 *University of Missouri-Columbia*

Family influences on career and psychosocial development

Randall J. Cox, Ph.D., 1994 *University of North Texas*

Personality Assessment, Brief Therapy

Joseph Critelli, Ph.D., 1975 *University of Illinois, Champaign-Urbana*

Sexual Aggression, Personality, Construct validation

Pamela J. Flint, Ph.D., 1998 *University of North Texas*

Psychopharmacology

Charles A. Guarnaccia, Ph.D., 1990 *Arizona State University*

Health disparities in later life

Bert Hayslip, Jr., Ph.D., 1975 *University of Akron*

Grandparenting, Grandparents raising Grandchildren, Aging and Cognition, Death and Dying

Joshua Hook, Ph.D., 2010 *Virginia Commonwealth University*,

Positive Psychology, Psychotherapy process and outcome

Sharon R. Jenkins, Ph.D., 1982 *Boston University*

Clinical personality assessment and culture

Patricia Kaminski, Ph.D., 1995 *Colorado State University*

Eating Disorders & Body Image, Caregiver- Child Relationships, ADHD

Kimberly Kelly, Ph.D., 1988 *University of Kentucky*

Psychoneuroimmunology, Stress & Health

Paul L. Lambert, Ph.D., 1983 *University of North Texas*

Facial recognition and memory

Tim Lane, Ph.D., 1989 *Oklahoma State University*

Correlates of Psychopathology, Eating Disorders

Linda L. Marshall, Ph.D., 1983 *Boston University*

Intimate partner violence and psychological abuse

Judy McConnell, Ph.D., 1978 *Texas A & M University*

Jungian Psychology, Anxiety Disorders, Women's Issues

Amy Murrell, Ph.D. 2005 *University of Mississippi*

Child and Parent psychopathology development and outcomes

Craig Neumann, Ph.D., 1994 *University of Kansas*

Personality disorders (psychopathy)

Trent Petrie, Ph.D., 1991 *Ohio State University*

Sport Psychology, Eating Disorders, Body image

Shelley Riggs, Ph.D., 2000 *University of Texas at Austin*

Attachment Relationships and loss/trauma, marital and family

Richard Rogers, Ph.D., ABPP, 1976 *Utah State University*

Forensic research, Malingering

Camilo Ruggero, Ph.D., 2006, *University of Miami*

Psychometrics, Statistical Analysis, Mood disorders, Emotion

John Ruiz, Ph.D. 2002, *University of Utah*

Health psychology/ Cardiovascular Illness

Lawrence J. Schneider, Ph.D., 1972 *Southern Illinois University*

Sexual assault, Counseling process and outcome, Professional-ethical issues

Kenneth Sewell, Ph.D., 1991 *University of Kansas*

Psychological trauma and Posttraumatic Stress, Personal construct Psychology

Daniel J. Taylor, Ph.D., 2003 *University of Memphis*

Assessment and treatment of sleep disorders

Mark Vosvick, Ph.D., 2000 *Stanford University*

Quality of life and HIV/AIDS

C. Edward Watkins, Ph.D., 1984 *University of Tennessee*

Psychotherapy training and supervision

A Day in Undergrad Life.....



BULLETIN BOARD

Curriculum Change!!

PSYC-1630 and 1650 have been officially approved by the Core Curriculum Committee and the Core Oversight committee to be included as courses enabling undergraduates at UNT to meet the Social Sciences requirement. Students wishing to declare Psychology as a major are first classified as Pre-Majors. Only after completing PSYC-1650, 1630, 2317, and 2950 with at least a grade of C in each class and a minimum cumulative GPA of 2.5 in these classes, can students declare Psychology as their major. Students can graduate with Psychology as a major if their Psychology GPA is 2.5 or higher; otherwise, additional classes must be taken until the Psychology GPA reaches 2.5. See the Undergraduate Catalog 2010-2011, p. 227 for more details.

Please welcome our newest editorial team members:

Forrest Lane

Please see page 9 for his information along with the rest of the editorial staff.

Research Awards:

Dr. Taylor continued his research on the efficacy of online and face-to-face cognitive behavioral therapy in treating active duty military personnel experiencing difficulties sleeping. His research was funded by a \$1.6 million grant from the U.S. Department of Defense.

Dr. Hayslip will resume his research on the influence of distinct interventions on custodial grandparents which has been facilitated by a \$2.7 million grant he received from the NIH.

Dr. Rogers is continuing his work after receiving an award for his Distinguished Contribution to Research in Public Policy for from the APA and a grant from the NSF for his work on Miranda Rights.

Letter from the Editor
Jennifer Batchelder

It is amazing that the "MeanGreen PSYC Machine" is now on its 2nd Volume! When we began the discussion of the newsletter, the small group of undergraduates along with Dr. Hayslip, really started with a blank slate. Since that first issue, each person involved has played an integral part in contributing to your newsletter and it has grown into a full blown publication of information...right at your fingertips!

It has been a honor to have been the founding Editor of the "MeanGreen PSYC Machine". The incoming staff have many great ideas and aspirations for future editions. I am sure that it will continue to grow and be an informative tool for all Undergraduates, Graduates as well as Faculty and Staff.

Many thanks to Dr. Hayslip and to those who kick-started this newsletter with me, and to those who will continue with it.

Jennifer Batchelder
Editor
Graduating Senior 2011



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A Day in Faculty and Staff Life.....

BULLETIN BOARD

Department Awards:

Outstanding Undergraduate Student:

- Aimee Belanger

Psi Chi Award and recipient of the Louis C. Weber Scholarship:

- Gregory Allen

Outstanding Teaching Fellows:

- Chelsea Wooley
- Will Hua
- Jonathan Banks
- Sara Pollard

Outstanding Graduate Student and recipient of the Charlotte Friedersdorff Boyd Memorial Scholarship:

- Jonathan Banks

Bonny Honor Student in Psychology:

- Nicole Stillo

Landenberger Honor Student in Psychology :

- Amanda Kraha

Anna Wright Memorial Scholarship:

- Chelsea Wooley

Dr. G. Frank Lawlis Scholarship:

- Angela Cusimano

Frank Collins Memorial Scholarship:

- Lauren Smith

Ernest H. Harrell Memorial Scholarship:

- Courtney Prather

Dr. Jenkins' undergraduate research team had 3 poster presentations at the Society for Personality Assessment annual meeting at which one

received first runner up and another received the honorable mention award. Congratulations to the teams!

ANNOUNCEMENTS

As of 2012, if you plan to take STATS, MATH 1680 or 1681 will be required as a pre-requisite.

Two new staff members joined the Psychology Department: Sheila Van Bree and Teresa Becker. Welcome aboard!

Teresa is the graduate secretary and manages all administrative matters regarding graduate students. She is originally from New York and is married with two children.

Sheila is responsible for departmental grants and acts as a sort of Jill of all trades. She is originally from Indiana and is married with two children.

***If you have any announcements or important information to get out to your fellow Psychology majors, faculty/staff, please contact one of the newsletter members.

Baby Announcements:

Dr Ruiz's baby:

Liliana Hope Ruiz

Born on: 12/20/2010

Mother: Heidi Hamann

Father: John M Ruiz

Brother: Carson James Ruiz (4 years)

Dr. Bias' baby:

Bexar Arthur Bias

Born on: 3/2/2011

Mother: Dair T Chevalier

Father: Joshua P Bias

Dr. Ruggero & Dr. Callahan's Baby:

Ella Fortesa Ruggero

Born On: 4/21/2011

Mother: Jennifer Callahan

Father: Camilo Ruggero



Dr. Lambert's Retirement note:

My retirement from the Department of Psychology will become effective May 16th, 2011. I received my Ph.D. in Experimental Psychology from UNT in 1983 with a concentration in Physiological Psychology. I returned to the Department of Psychology in the Fall of 1994 and I have taught courses at both the graduate and undergraduate level. I was the Faculty Sponsor for Psi Chi from Spring 1995 up through Spring of 2010 and I have been the Director of Undergraduate Advising from Fall 2000 up to the present. My duties as Faculty Sponsor of Psi Chi and my responsibilities as Undergraduate Advisor have been taken over by Dr. Joshua Bias. My wife and I are both looking forward to pursuing our hobbies which include hiking and traveling. I wish all good luck and good fortune.--Dr. Lambert





2011 FOOTBALL

RUB SOME GREEN ON IT

Sept. 1 (THUR.)	AT Florida International*
Sept. 10	Houston#
Sept. 17	AT Alabama
Sept. 24	Indiana
Oct. 1	AT Tulsa
Oct. 8	Florida Atlantic*
Oct. 15	AT Louisiana-Lafayette*
Oct. 22	Louisiana-Monroe*
Oct. 29	AT Arkansas State*
Nov. 12	AT Troy*
Nov. 19	Western Kentucky*
Dec. 3	Middle Tennessee*

* Sun Belt Conference game
 # First game at Mean Green Stadium



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UNT

UNIVERSITY OF NORTH TEXAS

Word from the Cube with Megan Guinn By Constance Mutong

What program are you in and what year are you?

I am in my 3rd year of the Counseling Psychology PhD program here at UNT.

How did you go about preparing for the GRE?

I purchased a standard prep book for the GRE, as well as a book of GRE vocabulary flashcards. Both, I feel, were essential to me doing well on this test, as well as following the timeline outlined in my particular book for how much/what areas to study/ review prior to taking the test. I also took multiple practice tests, which really helped.

How did you go about getting letters of recommendation?

I went to a fairly small university for my undergraduate education, so I had close relationships with the faculty and administration that I requested letters from- but it was still very important to them that I had made myself known in and outside of class and had been involved in some capacity with research and Psi Chi. I set up individual appointment times with the faculty members I was interested in having write me a letter and asked them directly if they would be willing and able to do so. I would recommend doing this sooner rather than later- some faculty members had specific time requirements (i.e., must be given 2-4 weeks to write a letter, etc.) and others wanted more information about what my educational and career goals were.

What are you researching and why?

Currently, I work with the Family Attachment Lab (Dr. Shelley Riggs), and I chose to participate in this lab due to the overlap with my own research interests (i.e., family systems, attachment, siblings) and the collaborative team atmosphere. We recently finished data collection for the Family & Kid Connection study, which involved families with children in middle childhood completing several instruments (i.e., surveying family environment, mental health, quality of relationships, etc.) and video-taped interaction tasks. My thesis will come from a portion of this data, and I will specifically be looking at how family subsystems (i.e., marital relationship quality, co-parenting relationship quality) impact the quality of childhood

sibling relationships. I have always had an interest in family functioning and sibling relationships, so it has been a good fit for me.

How do you foresee your research impacting the DFW area?

I think that the research we are doing expands the knowledge of family systems and attachment processes specific to middle childhood (there's a lot of info about infancy and adolescence, but a gap in the time period between), which can also help to highlight important factors involved in childhood development and outcomes.

What impact does research have on your education experience?

It's time-consuming, for sure, but essential and can even be enjoyable at times (i.e., if you're not behind on deadlines!). :) To become an expert in any field, you must be able to navigate the research process and contribute to the knowledge in that particular field. It's a tedious process at times but also very rewarding.

What can you tell undergraduates about preparing for graduate school and research?

Get involved now. As I mentioned, I went to a small school and there were not a lot of research opportunities- UNT has so many opportunities to be involved in the research process and learn what areas interest YOU (since you'll need to mention that in personal statements and need to know when making decisions about which schools to apply to/ attend). The more you are able to do now, the better, and the less daunting a thesis or dissertation will feel when it's time to scale those hurdles.



MEAN GREEN

PSYCH

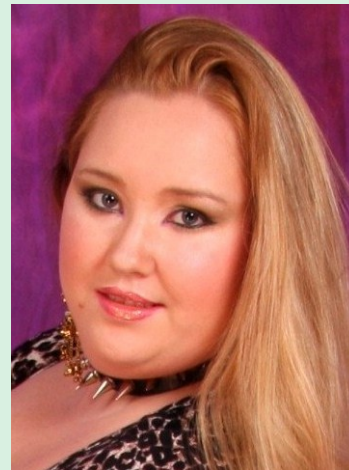
MACHINE



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